





OYSTER PERPETUAL YACHT-MASTER 40





LOUIS VUITTON









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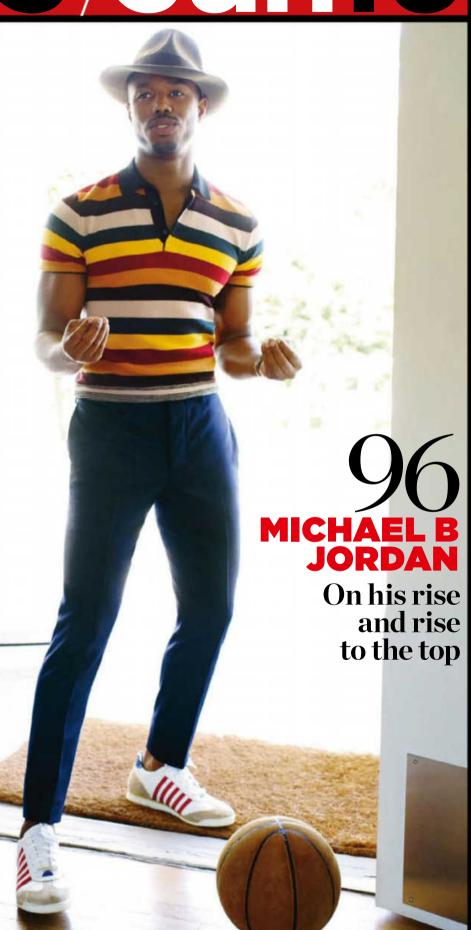
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GUCCI



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LONGINES The Longines Master Collection

> THIS MONTH ON





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Head to GQ.co.za for a masterclass in cocktail creation every week, using Gordon's Gin, and stand a chance to win cocktail hampers to keep you cool for the summer





Get festive the GQ way with our getaway guide

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Getter Editor



Mars attacks and other hashtags



GQ - 15 YEARS: December 2000 Cover no. 12 Teresa de Klerk gets GQ in the mood for summer

HERE WERE YOU WHEN THE RAND HIT R20 TO THE BRITISH POUND?

The details are a bit hazy to be honest, but I do remember when it breached the symbolic level of R10 to the US dollar two years ago; people then were saying that we had crossed some sort of line, that we were at risk, and that something had to do done. Well, nothing was done, at least not in a constructive sense. The political leaders, as usual, seemed unaware of any crisis. And so we experienced another momentous year in 2015. Everywhere you looked, South Africa's stale old men, sprouting stale old rhetoric, blocked the youth. As the 'leadership' surrounded by their VIP protection units dithered here. and appointed a task force there, students using a little flair and a hashtag, confronted a system that had failed them. The result was an outletting of frustration at a government unable to implement economic policies that work. Global events conspired to make matters even worse. Bruce Cameron looks at the past year and tries to make financial sense of what happened (p74).

This year it was confirmed that there is more life on Mars than at a government media briefing. The discovery of flowing salt water gave impetus to plans to get



P. 120

humans to the red planet by 2025. Visiting the moon was easy by comparison, as Buzz Aldrin (famous for being the second man there) found out. On his return, Buzz claimed \$33.31 in expenses and filled in a customs form declaring his 'moon rock and moon dust samples'. Adapting to life on Earth was the real challenge for him – he shook off a mental meltdown, and a spell as a car salesman, to start his own mission to Mars. Why is he so keen to get people to take a one way ticket to nowhere? Well, without explorers where would humans be, asks the man who fell to Earth (p120).

Craig Tyson

Editor, South Africa's most stylish men's magazine

See the old year off in style at GQ.co.za

Contributors



Billy Kidd PhotographerPages 138 – 142

Billy Kidd is a Brooklyn based photographer. Born in Panama City, Florida, he grew up on the west coast, before moving to New York. Kidd shoots for magazines such as *Interview*, *W*, *Numero*, Italian *Vogue* and more. Nike, Uniqlo, YSL, and Barneys are just a few of his commercial clients he loves working with.



Chris Heath Writer Pages 96 – 100

Chris Heath has written about murders, politics, refugees, tsunamis and popular culture for GQ. His article about a would-be solo assassin of Osama Bin Laden is currently being made into a movie, *Army Of One*, starring Nicolas Cage. He is also the author of *Feel*, a book about the pop star Robbie Williams.



Justin Polkey

Photographer

Pages 129 – 136

Justin's early affiliation with style was evident in his childhood fascination with the superhero. For him, photography is about celebrating the person wearing the clothes. Today Justin has traded in comic book characters for real-life heroes. Batman, Slain and Rouge Trooper have been replaced by Rick Ownes and Yohji Yamamoto.



Jeanne Marie Laskas Writer

Page 120 - 126

Jeanne Marie Laskas is the author of six books, her latest being Hidden America (Putnam, 2012). Most of her longform journalism now appears in GQ, where she is a correspondent writing about everything from concussions to migrant workers. She lives on a horse farm in Pennsylvania with her husband and two children.



LLUSTRATIONS BY DAVE HOPKINS

Feedback*

WEBSITE: GQ.CO.ZA TWITTER: @GQDOTCOZA FACEBOOK: FACEBOOK.COM/GQSOUTHAFRICA MAIL: GQ@CONDENAST.CO.ZA GO ON THEN, SEND US A HAND-WRITTEN LETTER: GQ FEEDBACK, PO BOX 16414, VLAEBERG, 8018 Include your contact details



HOW TO BE INSPIRED

Dear GQ,

'Our deepest fear is not that we are inadequate, our deepest fear is that we are powerful beyond measure.' These are the great words from Marianas Williamson, the same words that Lewis Hamilton, in GO's October issue, lives by. What really caught my attention is how today he still remembers the never-give-up words of inspiration from his father too - that's a true GQ Man right there. And to imagine that he's lived like this since he became a champion at the age of 14 and still dominates his rivals today. This just proves that if you live everyday life with the sense that you are powerful beyond your own understanding, the most unimaginable things can be achieved. Thank you Lewis for the inspiration.

- Mangaliso Ngomane

Mangaliso has won a Cruz Vintage Black Vodka hamper worth R1 200



I've been buying @GQdotcoza since I was at school. I've been awarded Best-Dressed Man of 2015. Humbled! #GQBD15 – @jsomethingmusic

- **@GQdotcoza** I chuckled when I got to October's section on gin. I enjoy it and hopefully now the masses will too.
- -@Miu_taj
- **@GQdotcoza** is the bomb. It's an exciting magazine for any young man who seeks inspiration.
- @SiphoMazomba

Comfort, consistency, quality and cool – that's the verdict by @GQdotcoza on Adriaan Kuiters and Jody Paulsen #GQStyle

- @shalaghann

This issue by numbers

OUTFITS FOR

MEGA YACTS NI

PIT-CREW
INSPIRED LOOKS

R4 900 000 THE PRICE OF THE MCLAREN 650s

Fasten your Nato watch strap

There are many ways to secure a canvas strap – which is right for you?



First thing's first: is the timepiece attached to the strap properly?



Do it up as far as seen above.



If the fastening rings are close together, deploy the 'quick release' style.



If not, take the strap over the furthest ring, then under the closer one.



For extra strength, follow step four then tuck the end back through the buckle.



Looking for a fresh pair of shades this summer? The classic Ray-Ban round shape gets a modern update with a pair of stylish and contemporary flash lenses. Following the success of the Aviator and Wayfarer models, Ray-Ban breathes life into its signature vintage style, making the brand more dynamic than ever.

TO ENTER, send us your feedback on anything you've seen in the mag or online (maximum 150 words) along with your full name and ID number. Competition ends 31/1/16. Terms and conditions apply; see pg151.









GIFT CURIOUSLY







021-418 0045

Tech all the boxes.

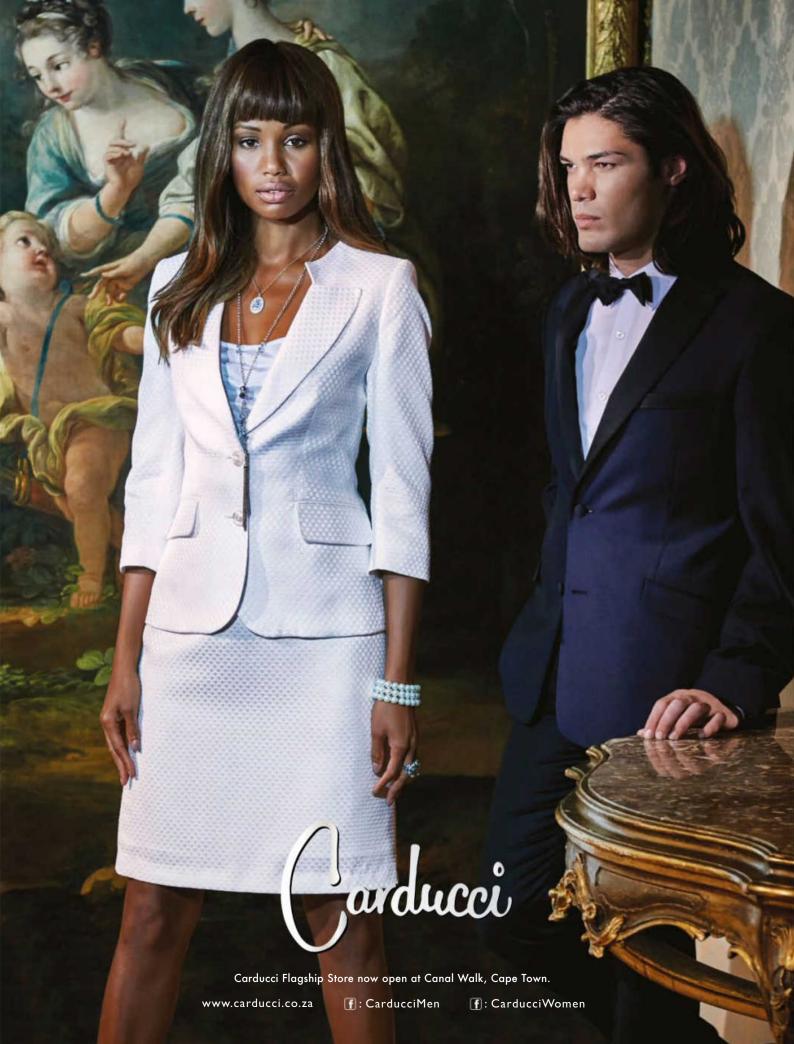


It's easy to do with the New Passat, equipped with innovative features like Adaptive Cruise Control*, front and rear Park Distance Control and a 6.5-inch touchscreen media system. Plus, there's Active Info Display* to turn your instrument cluster into an interactive, customisable screen. It's the future now available on four wheels.

New Passat. Think New.









Boardwalk empire

World-ranked SA surfer Michael February is headed for the top

Words by Nick Corbett

ot everyone has the tenacity to turn a hobby into a career, but for Cape Town's Michael February, the transition from weekend surfer to international competitor was as natural as the seaside he's grown up with. This year alone, February, at 22 years old, competed in some of the world's top surfing competitions, including Hawaii's Martinique Surf Pro, landing a second-place finish.

His performance has seen him ride the wave to reach the 43rd spot in World Surf League ratings, putting him hot on the heels of SA world champions Grant Baker and Jordy Smith. 'Martinique has helped me a lot,' says February. 'Before, I was unable to compete in events higher than a QS6000, but now, because of the points I gained in the competition, I'm able to compete in the highestrated World Qualifying Series events - called a QS10000. It's also helped my confidence.'

And he goes where the surf leads him. 'I spend at least 75 per cent of the year out of SA. I mean we pretty much chase summer and surf events based around festivals in some of the most amazing countries. You have to spend time overseas in places like California or Australia where you can put yourself in the public eye.'

'I try and surf every day,' he says about training for his signature airs and spins. 'Being a surfer is like being any other athlete. I have a trainer who I've been working with for nearly eight years now. And he still lets me cancel training to go surfing instead [laughs].'



印 ROGER DUBUIS

HORLOGER GENEVOIS



Skeleton double flying tourbillon



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Here's how matchday tickets rack up

Chelsea £52 or R1 069

Manchester City £42 or R844

> Liverpool £37 or R761

Manchester United £31 or R637

£27 or R555

Real Madrid £26.12 or R537

£20.15 or R414

£18.66 or R384

Barcelona £17.16 or R353

Paris St-Germain £15.67 or R322

AC Milan £14.93 or R307

Borussia Dortmund £12.46 or R256

> **Bayern Munich** £11.19 or R230

Monaco £6.72 or R138

£6.72 or R138 CO

THERE'S A NEW PLAYER ENTOURAGE

Forget nutritionists and mindfulness therapists, the top sportsmen of 2016 are all about fiscal and social-media reach. Meet the play boys' new power-pumped BFFs

Words by Jonathan Heaf

THE SOCIAL MEDIA MESSIAH



The modern pro knows he can reach more fans with a single tweet than he would signing autographs for a year - but there's no way anyone is going to let the athlete do it himself. Every comment, tweet, 'like' and Instagram is approved by this digital whiz-kid.

WARDROBE

Inconspicuous grey zip-up hoodie, baggy dad jeans (despite being under 30) and a complexion one shade paler than vanilla.

SALARY

Whatever the hell he likes. Who else can code a new homepage on an iPhone in the back of a Gulfstream?

WILL SAY

'Oh yeah, we're all over Line in Japan.'

WHEELS

The IO Hawk Intelligent Personal Mobility Device - a gift from Justin Bieber last summer

THE PRODUCT-ACEMENT



Keeping sponsors happy is as important as winning, but using your feet or hands while engaging the brain is tough. That's why the product placement placer is by the player's side 24/7 so that for every car driven or item of clothing worn, the brand pays for the privilege.

BACKGROUND

Once a PR in global fashion, a chance encounter at Gareth Cliff's birthday led to a lucrative partnership.

WILL SAY

'For the right price my client will fully endorse [insert any brand here].

LOVES

The term 'brand ambassador' and Asia-specific advertising deals.

HATES

Cool brands with no money: non-monetised social media channels.

THE HOLLYWOOD AGENT

WHO?



It was once enough to have

an agent who'd look after the athlete's career beyond the age of 35 - or whenever he could no longer finish 90 minutes without an oxygen tank. Today, acting is the industry for a second career - money, glamour, and world-class catering. on set in Hawaii.

DON'T CALL IT A CAMEO

John McEnroe in Anger Management, Lance Armstrong in Dodgeball cameos are good for laughs, but not the second act of a sportsman's career. The Hollywood agent's job is to secure top-tier roles, preferably opposite Christian Bale or Tom Hardy - in space.

WILL

Disrupt pre-final training for her client to take a conference call with JJ Abrams about playing an Ewok in the new Star Wars.

T'NOW

Ever actually like sports.

THE LEGACY GUY

WHO?



How do vou become a sporting legend? Answer: obsessive documentation. The legacy guy sweeps up all evidence of greatness - every Nando's chicken stack ordered, every celebrity handshake, every play made on the field, and every business deal.

GOALS

From warts-and-alldocumentary - usually made after the death of his client - to candid camera catnip for the YouTube followers.

EQUIPMENT

He's a one-man recording device - Canon GX 7 for video and stills, and every corner of his client's life recorded on a GoPro.

LIKES

Nonlethal accidents on private jets - perfect for the Periscope channel.

WOULD RATHER WORK FOR

Dan Bilzerian.

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GQ's guide to being fashionably festive over the party season

Words by Jason Alexander Basson

BALANCE IS GOOD

From the carpet to the club, you want an outfit that says you're a high-rolling socialite with money to burn. The only way to do that is through the precise balance of traditional elements and progressive fashion statements.

THE STATEMENT PIECE

The secret to style is the 'statement piece'. If one person says something loudly, it's a statement. If two people say things loudly, it's an argument. One statement piece, like a dinner jacket,

blazer R3 480

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CLASSIC CANVAS

If you're doing fun statement pieces to get the party spirit going on the outside, make sure it's set against a canvas of classic pieces a white shirt, a black bow tie and slim black trousers with a satin band on the leg. This just makes the whole thing seem less like a 'try-hard' fashion statement. and more like an effortless gesture of nonchalance, such as 'I'm too rich to care what you think, but boy do I have class'. A chunky analogue watch really puts the icing on the cake.

Zara Man shirt R699. Topman trousers R1 029. Rosi & Ghezzi at Spaghetti Mafia bow tie R780. Ben Sherman belt R599. MVMT watch R1 816*

PRINT PLEASE

Print is the international language of party. Put it on and people will instantly assume that you're serious about having fun. Use it sparingly on one item, but don't be afraid of it. The more exotic, the more expensive it will read. Avoid conventional geometric types that might otherwise be reserved for the boardroom. You want something that adds a bit of fantasy and allure to your persona.



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OFFICE PARTY

You're turning the office printer into a drinks trolley, but that doesn't mean you can throw all caution to the wind. Respect the office dress code, but add volume to your look with a few stylish touches that let your colleagues know you're big business after hours, too.

SMART CASUAL

The rule is this if your work environment is formal, you can dress down. Go smart casual, unless otherwise specified. If, however, it's a casual or smart casual environment, rather dress up your look. When in doubt, walk the middle path. Stick to chinos, shirts, ties and cardigans. If you're really worried, look at pictures of last year's office party to get a better idea. Pay special attention to what your boss and the office asshole wore, then go for something in the middle.



RED CARPET

Classic doesn't mean traditional, but respect for tradition is essential for mastering the look. You don't want your black-tie ensemble to make vou look like the waiter that tried too hard, but you also don't want to your expensive outfit to be stuffy and predictable.

LUX TUX

This is where we stick to our guns. A classic tux is a must have. Tuxedos are becoming more readily available here, so now you can get really exceptional ones at affordable prices - every man should own one. You don't need to go tricksy with the fancy contrasting lapels and white accents. Keep it modern and sophisticated in all-black with a satin lapel.

Trenery tuxedo jacket R3 299, tuxedo trousers R1 799. Emporio Armani at Watch Republic watch R4 299. Country Road brogues R975



GOING AGAINST THE GRAIN

Traditionally your tux would go with a white dress shirt, either with a frilled. ribbed or pleated breast. The world is less ornate in 2016, so step out of the coffin and into a shirt with a different character - perhaps black contrasting buttons. Leave out the cummerbund entirely and don a red bow tie in lieu of a black one.

> Topman shirt R429. Rosi & Ghezzi at Spaghetti Mafia bow tie R780

POCKET SQUARE

Most men's ears start bleeding at the sound of the term pocket square. Do you match it to your shirt? Do you match it to your tie? Do you match it to anything? Essentially, there are no rules. However, we would advise you against matching your pocket square to your bow tie. It is, however, absolutely essential to wear one with a tux. So, for the sake of preserving tradition, make sure it's crisp white in either linen or cotton.



TOOL WATCHES

TUDOR tool-watches are designed for the contemporary adventurer. Tested under extreme conditions, they know no boundaries but those of the imagination and courage of their wearers. Brushed finishing, sandblasted touches and matt colour for optimum legibility. High-tech materials – titanium, ceramic or silicone – for extraordinary performance. The ultimate tool-watches, they keep alive the spirit of adventure for which the brand has been known since its involvement in the British North Greenland Expedition of 1952.







UP THE NTENSITY

Words by Paul Sephton

These classic and contemporary fragrances have been reworked as extreme-edition releases



Montblanc Emblem Intense

100ml R1 095

Violet leaves, patchouli and tonka bean make up the original offering from Montblanc, with spices and rare woods added to an iconic fragrance in a bottle you can't help but admire.

Bulgari Man Extreme

100ml R1 220

Citrus, woods and aromatics build the original Man, which was released five years back. Vetiver, benzoin and Balsa wood characteristics are balanced by the fresh citrus to add sophistication.

Viktor & Rolf Spicebomb **Extreme**

90ml R1 395

Tobacco, vanilla, caraway and pepper dominate this fresh spicy scent, that follows the wildly popular Spicebomb, from the out-of-left-field design duo.

Burberry Brit Rhythm Intense

90ml R1 185

Intense adds a slight spiciness to the original Brit Rhythm. Leather and smoke accords scream classic rock 'n' roll, guaranteeing an edgy night out.

Hugo Boss Boss Bottled Intense

100ml R1 200

With over 57 million bottles of the original sold. this wood- and spice-heavy scent is balanced with orange blossom, in a less sweet, more sophisticated expression. @@









Words by Paul Sephton

Huawei P8

The P8 is here to punch a hole in the SA market, coming in at a slightly lower price point and targeting creatives, a point driven home by the appointment of GQ's Best-Dressed Man of the Year J'Something as the brand's new Africa Creative Director.

WIN:

Attractive metal unibody design; feature-packed camera; premium finish.

Interface inefficiencies; no quick charge feature; OS tweaks needed.

LG GA screen size

Building on the success of the G2 and G3, the G4 is an in nets alone in the success of the G2 and G3, the G4 is an in nets alone in the success of the G2 and G3, the G4 is an increase in the success of the G2 and G3, the G4 is an increase in the success of the G2 and G3, the G4 is an increase in the success of the G2 and G3, the G4 is an increase in the success of the G2 and G3, the G4 is an increase in the G2 and G3, the G4 is an increase in Building on the success of the G2 and G3, the G4 is an olish.

Building on the success of the G2 and without the final polish.

attempt at the perfect all round phone, it gets close, but at all gets and without the final polish.

attempt at the perfected price and without the final polish. attempt at the Perfect all-round phone. It gets close, but at a the perfect all-round phone and without the final polish. WIN:

Large curved screen; sturning camera; great

Large curved screen; sturning camera; or only Large curved screen, stunning camera; great Large curved screen, stunning camera; dest audio quality. Largenomics, leather rear case; best audio quality. ergonomics, leather rear case; best audio quality. Battery not significantly better than G3; low-power processor; no fingerprint scanner. FAIL:

Not significantly better than G3;

Battery not significantly better than G3;

Battery not significantly better than G3;

Battery not significantly better than G3;

> Thickness Camera Colours

Sony Xperia Z5 Premium

The official Bond phone has some amazing features, like its incredibly snappy autofocus, low-light photography, high-res audio and PS4 gaming capacity.

WIN:

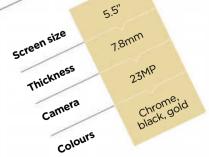
Waterproof; 23MP camera; 4K screen; mirrored casing.

FAIL:

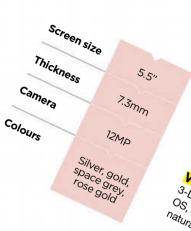
Slightly boxy design; energy-chewing screen.



5.2" screen size 6.4mm Thickness 13MP Silver, gold, black, grey Camera Colours







Apple iphone

Although Apple's shares slid down 1.9 per Although Alphe's shares sho down hereal, the first weekend of sales set a new reveal, the litest and the william of sales set a new reveal, the litest and the william of sales set and the will also set and the william of sales set and the will also set and the Weekend of sales set a new record, with 182 of sales set a new record, with 182 of the condition of sales set a new record, with 182 of th

Millon oo allu oo rius uevilees soiu. vvi ''nnrara liae in tha noly, the main reason to on anara namara namara namara Upgrade lies in the major camera changes. ANN:
3-D Jouch, a beautifully infultive and refined S-D Touch, a beautifully intultive and refined with the most natural photo renders.

Too similar to previous model; unchanged design; battery life could be better





97 _ 80 _ 53

It's been two years since Cape Town-based Instalens set up, but founders Trent Pike and Georgia Greville have built a wildly popular product range, compatible with every phone. instalens.co

Instalens wide/macro R390 Instalens fisheye R390 Instalens polarizer R390



Screen size 5.7" **Thickness** 6.9mm Camera 16MP

Colours

White pearl, black sapphire, gold platinum, silver titanium. blue topaz

Samsung Galaxy S6 Edge+

The S6 Edge+ is very pretty and plenty powerful, with 4GB of RAM and a performance test that would please even the most demanding of users. The powerhouse is pricey, but an incredible piece of tech.

WIN:

Insanely beautiful QHD display and design; very powerful hardware; wireless and wired quick charging; speedy camera.

We haven't found true function in the curved screen yet; no expandable memory. [60]



TIME FOR ULTIMATE MOMENTS



SEPARATES THE MEN FROM THE BOYS

BALDESSARINI

Words by Paul Sephton

Why you should be keeping red wine on ice

If you think white wine is all you should be drinking this summer, think again. 'Red wine should always be slightly chilled, but some lighterstyle reds make for great summer drinking straight out the fridge. South Africa is producing more of these type of wines than ever before. It's as much about how the wine is made, and how early it is harvested, as it is about the varietal used,' says Publik's David Cope. But before you ice-bucket the wrong red, here's a shopping list.

- Leeuwenkuil Cinsault 2015 R80
- Radford Dale Thirst Gamay R120
- Arendsig Inspirational Batch 2 Grenache R125
- Vriesenhof Paradyskloof Grenache R70
- **Herold** Pinot Noir R140
- 6. Waterkloof Seriously Cool Cinsault R120





COLLECTOR'S EDITION

Christian Eedes on the right time to start a cellar

If you're a 20-something and just starting out your career, putting part of your hard-earned salary into wine for consumption five or ten years down the line seems an impossible ask when you're still trying to pay off the student loan, make the repayments on your car and date the

woman of your dreams. However, if you can somehow manage, the rewards are not insignificant – wine prices are only going one way and that's up, so when you look back in 2020 at what you spent now, you'll be amazed at what a bargain you got. Ultimately, however, it's an investment in enjoyment – there are some wines that need time in bottle to become more complex and interesting.

If there's one variety that's built to last, then it's Cabernet Sauvignon – in its youth, it has particularly firm tannins but these mellow over time and make for something particularly fine to drink.

Here's one we particularly like: Waterford 2012

D105

A blend of 88 per cent Cabernet Sauvignon, five per cent Merlot, five per cent Cabernet Franc, and two per cent Petit Verdot. Matured for 19 months in French oak. Red and black fruit, an attractive herbal note plus some subtle oak character. Medium bodied with fresh acidity and fine tannins, the finish long and savoury. Great purity and focus. Drink from now until 2022.



Glass half full

Deflate the associations of red wine belonging on the dinner table by using stemless wine glasses this summer. Easier to clean, harder to break and a whole lot It's time to short change your stems

more at home by the pool, they scream casual sophistication. Riedel's offerings need no second glance, but there are plenty of others out there. From R159, yuppiechef.com



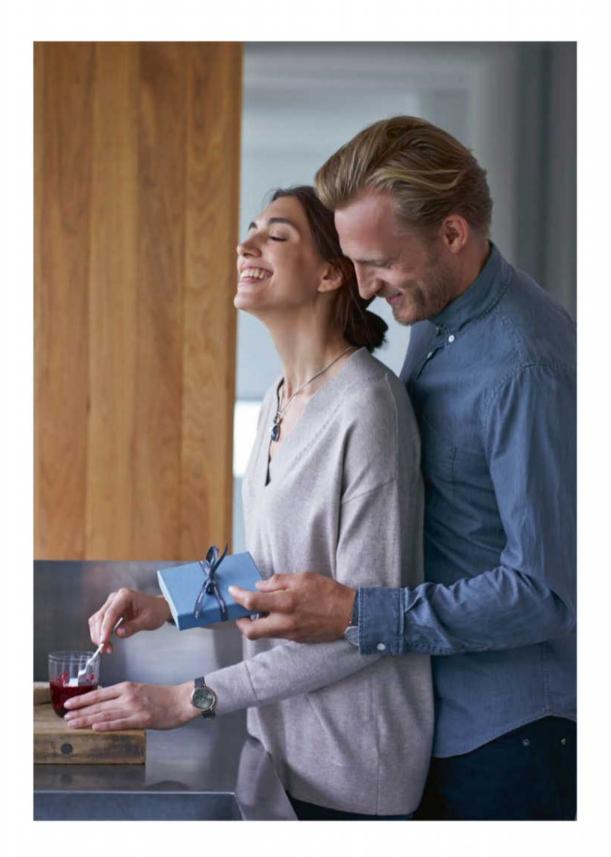


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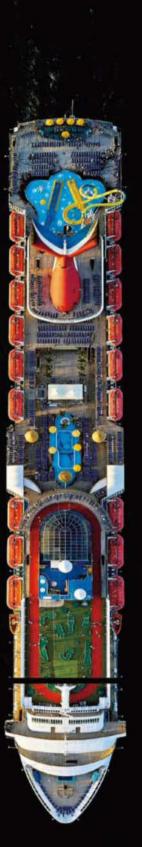
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Photographer Jeffrey Milstein leaned out of helicopters and scaled bridges to capture cruiseliners, speedboats, and skiffs and skiffs

SHEER SIZE

Multiple tiers of swimming pools, mini-golf courses, and twisting waterslides - cruise ships like the Carnival Sensation (right) and Royal Caribbean Freedom of the Seas are decked out in amusement park attractions. And the thrills keep getting bigger





this
is
when
modeling
comes
in
handy



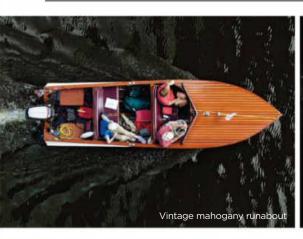


AGILITY

Cigarette boats are geared for high-octane wave-riding, runabouts for waterskiing and wake-boarding, and pontoons for sunset cocktail cruising.

Speedboat









Choose your horsepower: Retro woodies are perfect for idle cruising, while sleek racing trimarans catch the whip of the wind.

ONE LIFE WELL LIVED

The most inspiring people are never just 'one thing'. South African actor Oros Mampofu brings together every aspect of his life in his recipe for success, earning him a salute from Rémy Martin Cognac

GQ: Talk us through your journey as an actor so far. How did it all begin?

Oros Mampofu: My journey began at AFDA where I studied for my Bachelor of Arts degree in live performance, after which I landed my first role in a series called *Kowethu* on SABC 1. Next was my first feature film titled *Rise*, my first lead role in the industry. I then made it into a reality show called *Top Actor*, that was searching for SA's best actor. A month after shooting in the reality show I was cast on *Skeem Saam*, on SABC 1, as Jama Kekana. In between I have done commercials and documentaries.

GQ: Apart from acting, you have quite a diverse range of interests – from music and martial arts to even quantum mechanics. How do these inform who you are and how you approach what you do?

OM: I'm wired towards the aspiration of becoming the most fully fledged individual that I can be. To look into my strengths, explore my fears and weaknesses and make myself as versatile and as mentally liberated as possible. For me, martial arts is an adventure – exploring my body and my connection to it. Quantum theories



allow my mind to come to grips with the unseen mysteries of the world, and music to connect my essence. All these activities, as separate as they are, unite me.

GQ: Any other hidden talents?

OM: I enjoy singing; I can dance; I'm able to paint; I was once good at table tennis.

GQ: What would you say are you most passionate about?

OM: I'm most passionate about self expression, self understanding and the human potential. I wake in the pursuit to find out what it means to be the best me – in how I walk, talk, carry myself and how I feel at the top of my game. We have a divine period in time from when we are born until we die. It's up to us to take that and do all that we want with it. That understanding excites me on all levels.

GQ: What advice would you give to someone your age?

OM: Live a life that serves you. We are not certain about many things in this world. All that we have is the moment and what we can best do with it. The time is now to plunge into our lives. There's no limit to

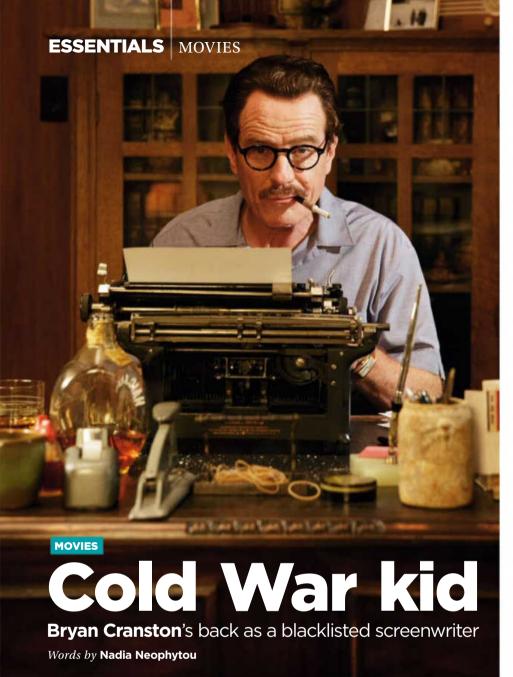
who we can become. Choose to live full of happiness, love and all the experiences you can muster; you have one life – live them.

GQ: What does the phrase 'one life, live them' mean to you?

OM: It's an opportunity to look at your life and ask how you can better yourself. The phrase stands behind what it means to live as a man of many facets. Exploring all possibilities of whom one can become and taking up the courage to fearlessly living to the fullest of our potential. We have the time – we have the world as our playground – and it's up to us to plunge towards all the experiences of our deepest desires.

Calling people to live richer, larger lives, **Rémy Martin** Cognac recognises that no one is defined by just one talent – each of them brings a different world of experience and passions, and each exemplify the **Rémy Martin** philosophy that leading a fulfilling life comes from unleashing the many talents inside you. It is this depth of history and skilful mastery that goes into every bottle of **Rémy Martin** Cognac.

'The time is now to plunge into our lives. There's no limit to who we can become. Choose to live full of happiness, love and all the experiences you can muster; you have one life – live them'



or many *Breaking Bad* fans, playing one of the most indelible characters on TV may be Bryan Cranston's biggest achievement, but for the 60-year-old actor, Walter White is secondary to something far more simple. 'I've been a working actor since I was 26. That's all I ever wanted – to be an actor who could make a living off of acting,' he says, the pride beaming through his voice. 'I've never had to do anything else.'

With a Golden Globe and a couple of Emmys and SAGs under his belt, it's safe to say the actor who debuted on the soap *One Life to Live* in 1968 would be beyond happy with himself. Cranston comes across as an amiable guy who, when introduced to a bunch of journalists, insists on shaking the hands of each and every one – a rare occurrence in movie-star interviews.

It could be that he's channelling his latest role for the film *Trumbo*, in which he plays Hollywood screenwriter Dalton Trumbo, who was blacklisted during the Cold War for being a communist.

Cranston describes the process for getting into the part of his latest film as fun, learning Trumbo's boisterous ways even as the writer becomes ostracised from show business and even put in jail for speaking his views. 'The scene where he gets checked into prison and is stripped nude was hard to film, but it was important for us to do,' says Cranston.

And he wanted to do it properly. 'They shot it full frontal and full back. We wanted to show the inhumanity he went through, and also the sense that, stripped down of all that you present a person to be – their political views, their sexual orientation,

their religion – we're all the same. We all kind of basically look the same. And to put the sameness together as imagery, we thought was very important.'

The full frontal didn't make the scene, but the effect is there, he says. 'I like to think that it would have been too distracting,' he chuckles. 'No, but there was still the sense of humiliation and that worked. I go to humour as a defence mechanism to be able to ward off the embarrassment of it, but as long as it worked for the story, it's good.'

The actor is trying his hand at writing a screenplay for an upcoming film called Home Again, which he'll direct next year. 'Inspiration for me comes from a lot of different places,' he says. 'I'll be reading something or seeing something - any number of things. But I do find, as I get older, I'm far less interested in things, and more interested in experiences. I want [more] opportunities to have experiences.' Each script he reads, he says, is the chance to have a new experience and he wants the films he stars in to stir something in their audiences. 'If we put you in a state of "I don't care," that just won't do. I'd rather have you angry than apathetic, stimulated rather than bored.

'That's the worst,' he says. A career full of those kinds of roles? A priceless achievement for him.

Breaking tradition

Cranston's surprise on-screen roles, ranked from worst to best



Snizard,
Power Rangers
Hollywood's version
of an unpaid
internship. We all had
to start somewhere.



War Department Colonel, Saving Private Ryan Disciplined and ready, setting the tone for his career.



Patrick Crump, The X-Files
The uncomfortable cameo that led to Cranston's casting in Breaking Bad.



Jack O'Donnell, Argo The mentor to Tony Mendez loses his cool and gets his way. - NC

HOLIDAY VIEWING

Take a vacation with these blockbuster films

Edited by Evert Lombaert

THE NIGHT BEFORE

Directed by Jonathan Levine; with Seth Rogen, Joseph Gordon-Levitt and Anthony Mackie

Three friends, Isaac, Ethan and Chris (Rogen, Gordon-Levitt and Mackie) take part in their annual New Year's Eve reunion. While this is a pretty light plot strand, it's enough for Rogen and co to weave a filthy tapestry of Christmassy chaos. Nothing is sacred here; Christians Jews, drugs – you name it. A guys' film for a guys' night out.

**** Released 11 December 2015

THE HATEFUL EIGHT Directed by Quentin

Tarantino; with Samuel L Jackson, Kurt Russell and Jennifer Jason Leigh

Tarantino takes us to post-Civil War Wyoming, where a blizzard forces eight unsavoury characters to take shelter in a stagecoach station. As always,



the true pleasure comes with the characterisation and dialogue and trying to figure out the evil octet's motives. Russell, Leigh and Jackson shine, but are excellently supported by Tim Roth and *The Shield*'s underrated Walton Goggins. If you're a fan of spaghetti Westerns, it doesn't get much saucier than this, amigos.

**** Released 8 January 2016





THE DANISH GIRL Directed by Tom Hooper;with Eddie Redmayne and Alicia Vikander

Based on David Ebershoff's 2000 novel of the same name, *The Danish Girl* tells the tale of one of the first known gender reassignment patients. Redmayne's portrayal of Danish gentleman Einar Wegener's transition to the titular 'Danish girl' Lili Ilse Elvenes is truly remarkable. A great piece of filmmaking that will have you talking long after you've left the cinema.

**** Released 29 January 2016 VII: THE FORCE
AWAKENS
Directed by
JJ Abrams; with John
Boyega, Daisy Ridley
and Oscar Isaac
When it was first announced
that Abrams would direct this
instalment, geeks around the
world sighed in collective
relief. Abrams was the

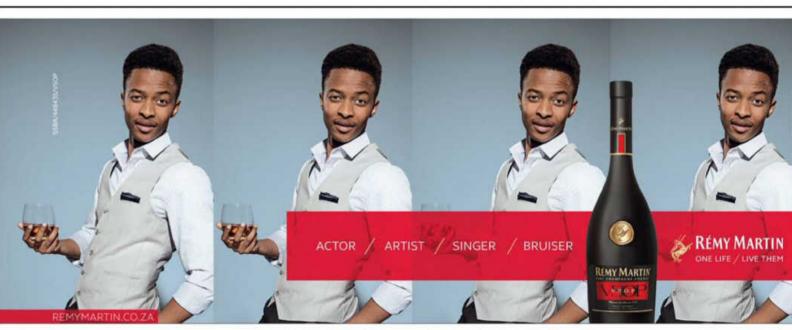
STAR WARS EPISODE

ESSENTIALS

world sighed in collective relief. Abrams was the director who not only helped breathe life into the *Mission: Impossible* films, but had nearly single-handedly made a *Star Trek* film cool to *Star Wars* fans; easily one of the biggest cine-diplomatic pop culture achievements of our lifetime.

This, the seventh film in the franchise, is set 30 years after the end of the events of *The Return of The Jedi.* While the original cast members (most notably but not limited to Mark Hamill, Carrie Fisher and Harrison Ford) reprise their roles, the impeccable triple charisma dosage of Boyega, Ridley and the never-disappointing Isaac borders on genius. May the force be with you, always.

Released 18 December 2015









PRINTING THE PICTURE

Andy Warhol's secret Polaroids are the intimate works you never knew about

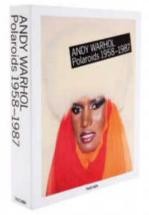
Edited by Cayleigh Bright

t can seem like there's little that's left to be said about Andy Warhol. His widely reproduced art and mythologised life have ensured him significantly longer than fifteen minutes of fame. It's surprising, then and welcome - when a book highlights some aspect of Warhol that feels fresh, and Andy Warhol. Polaroids does just that. Created in collaboration with the Andy Warhol Foundation, its 500 pages reveal around 700 of the his previously unseen images, taken over a period of almost 30 years.

The world's current obsession with Polaroids is attributed to a tech-savvy generation's new love for the novelty of anything real, tactile, and altogether old-school. The Instagram generation, used to being able to apply any one of myriad filters with the swipe of a finger, is exhilarated by the 10-minute wait for an image to develop, so Instax cameras are as much part of the equipment for taking

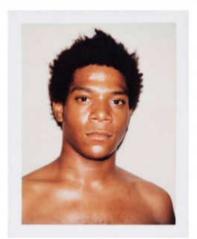
pictures. The pictures, incidentally, tend to make it back to Instagram when the printed Polaroid is photographed and added to its taker's newsfeed - while locally, slick startup Nifty250. co.za offers a service that prints photos from Instagram feeds into Polaroid-style photos and delivers them to your door.

With parents and authors of think pieces questioning how we'll ever learn to live in



Andy Warhol. Polaroids by Richard B Woodward, Reuel Golden (Taschen, R1 827)

the moment again, it's useful to remember Warhol saying, 'A picture means I know where I was every minute. That's why I take pictures. It's a visual diary.' Warhol was not precious with his Polaroids - simply put, he took a lot of them. We know from Warhol's work that he had a preoccupation with the idea of celebrity. Always carrying his Polaroid camera, he captured candid snaps of Jack Nicholson, Yves Saint Laurent, Jean-Michel Basquiat, Dolly Parton and more. But there's a significant difference, of course, between the artist's pictures and an image snapped for sharing on social media. Who knows what a modern-day Warhol would have done with social media - and how it would have altered his views on art and culture but as it happens, his Polaroids are appealing partly because they weren't made to be shared: they're intimate moments with people whose public lives everyone had a piece of.





MUSIC

Bad blood

We turn Twitter's cat fights into silver-screen gold

Edited by Nick Corbett

IN THE SPIRIT OF THE ICONIC RAP BATTLE, the women of the pop music industry are as furious as their hip-hop counterparts. Tarantino furious. It led us to GQ's imaginary in-house casting room to pitch *Kill Bill: Volume 3*, where if all the smack and spit that's been thrown on Twitter were to happen, no one would make it out alive.



MILEY CYRUS Beatrix Kiddo (Black Mamba)

Everyone made
Miley out to be the
bad guy for showing
a bit of skin and
breaking out of her
Billy Ray roots. But
it turns out she's
on to something –
including a planned
nude concert – and
everybody in the
business knows it.



IGGY AZALEA
Bill
(Snake Charmer)

We don't know how everything got so bad, so quickly. Iggy had tons of allies in the music industry, until all that cultural appropriation. Now everyone is looking for retribution from the artist Interscope Records once called 'the next Tupac'.



AZEALIA BANKS Elle Driver (California Mountain Snake)

Once obsessed with the rapper who shares her name, Azealia has pissed pretty much everyone off, and led an online charge against Iggy after her controversial XXL Magazine Freshlist cover.



NICKI MINAJ Vernita Green (Copperhead)

Nicki fired up a fresh new feud with Miley Cyrus at this year's VMAs over who deserved video of the year. 'Anaconda' took home Best Hip Hop video, and the clip's kitchen scene smacks of Vernita Green's final moments with Beatrix Kiddo.



TAYLOR SWIFT Sophie Fatale

She's gone from sensitive singer to annoying on Twitter, and is routinely slayed on social media by her peers to the point where her talented song arm is lacking (read: cut off). What has the industry done to our 'beautiful and brilliant Sophie'?



KATY PERRY O-ren Ishii (Cottonmouth)

With her tours bringing in the most money from Asia, you could say Katy's big in Japan. She's reportedly behind the beef between Miley and Taylor Swift, and (even more reportedly) the inspiration behind Taylor's 'Bad Blood'.

Your anytime music playlist

The albums to [...] to



[WORK OUT]
Rudimental, We
the Generation
Drums, bass and

beats combine in original tracks on Rudimental's second studio release.



[PREDRINK]
Avicii, Stories
Vocally driven
with surprisingly

slow country sounds, *Stories* is catchy enough to make a good mood-setter.



[BRAAI]
The Weeknd,
Beauty Behind
the Madness

Summer's album to own, this is the perfect way to kick off your... well, weekend.



[SPACE OUT] Young Galaxy, Falsework

This techno-

indie album promises to be as psychedelically soothing as 2013's *Ultramarine*.



S \mathbf{H} I O \mathbf{R} \mathbf{E} N \mathbf{D} G R O 0 M G Т \mathbf{F} O P N S I G \mathbf{H} \mathbf{R} 0 ILE S Ι N Ι O N





ON SALE NOW

GAMES

The gift of gaming

Here's how to give back and have fun while doing it



et's play a game. I give you a concept, and you say the first thing that comes into your head. Ready? Okay, here it goes:

Summer. Martini. Tailor. Video games.

What did you get for that last one? Try it again, write it down. A few more times. It's likely your efforts are either starting to look like a Steam Sale wishlist, but what it might not resemble is anything that might be mistaken for the requirements of the Nobel Prize for Peace. Through troubling titles, strong media focus, and the expensive, elitist-hobbyist-nature games can exude,

games come across more readily as fun, necessary evils for the well-to-do. Yet, like most things in life, there's a little more to it.

Games are today being implemented by psychologists to help with the treatment of phobias and trauma. Nintendo's Wii U has been a successful aid in physiotherapy and games have been found to minimise the side effects of chemotherapy. And they can also help you be a better person. Whether or not you're celebrating Christmas, you may be one to revel in the holiday's spirit of giving. For you, here's GQ's list of top three gaming-inspired charities.



HUMBLE BUNDLE

The Humble website offers game bundles on monthly and weekly rotations, giving

gamers the choice to pay whatever they want. Paying more grants you bonus products, and gamers decide whether their purchase goes towards that bundle's chosen charity, the game's developers, to Humble Bundle, or a mix. The website also hosts an online shop, but with 10 per cent donated to charity. Want to take it further? Choose the option to gift your purchase to a friend or partner. humblebundle.com



ABLE GAMERS

Able Gamers aims at creating a network for people with disabilities, caregivers, and

game developers, in order to make games a more accessible platform. They do this by connecting disabled gamers with one another, assessing gaming titles on their 'includification', giving free consultation to developers of AAA and indie titles, and giving individual grants for assistive technology. ablegamers.com



EXTRA LIFE

In what might be the most fun way to give of your time to date. Extra Life allows

gamers to register with them for a 24-hour gaming marathon to benefit a network of children's hospitals. Simply sign up on their website, get friends to sponsor you at R10 an hour, and get gaming.

extra-life.org





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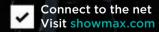


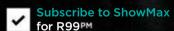
THERE'S A SHOW FOR THAT

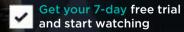
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The smart money: HOW TO SUCCEED IN A NEW JOB • SUB-SAHARAN AFRICA • 10 EVENTS THAT SHOOK UP 2015

Trending feeds

Check out who the Silicon Valley technorati are following

Twitter



HACKER NEWS Website

The geeks inherited the earth, and this is what they're reading. Run by the Silicon Valley startup incubator Y Combinator, this site aggregates stories (and wickedly

incisive comments)

by the best and the

brightest engineers.

02 MARC ANDREESSEN

This is the guy who invented the modern web browser. It was called Netscape. But he also invented the tweetstorm. What's a tweetstorm? Check out Andreessen's feed, a never-ending rush of ideas, jokes, videos, retweets, replies, rants, emojis, charts, promotions, and stories. Officially, Andreessen is now a venture capitalist. But he's also a fire hose of thoughts both big and small.



03 COINDESK

Website

Bitcoin is the future. It may not be the future of money, but it's the future of a lot of other things including the stock market - thanks to a public ledger called the blockchain. CoinDesk will convince you why that's important.

MODEL VIEW CULTURE

Magazine

We all know tech has a diversity problem, but no publication examines the industry's biases and gives voice to the marginalised more than this one.

05 STARTUP

Podcast

This series will make you want to start a company. The latest season follows two women launching an online-dating service.



bet early on the company that became Twitter - but he's making his name as a funny and incisive writer who aggregates the day's most interesting journalism into NextDraft. His best line: 'Showing up at a gold rush with a shovel and a pan doesn't make you a genius.'



Twitter

If you want to know what's what in tech and what to think about it all, follow this WSJ columnist. You'll be up on everything from smartphones to Uber to bitcoin.

08 METAFOUNDRY

Newsletter

Materials science professor Deb Chachra is always a shrewd voice from outside the Silicon Valley echo chamber.

THEORIZING **THE WEB**

Conference

This gathering brings together artists, writers and hackers for a hip take on web culture and the role of technology in our lives.



MEGAN QUINN Twitter

Previously a partner at VC firm Kleiner Perkins and a product manager at Square and Google, Quinn is spot-on when it comes to tech trends, finding that needle-in-thehaystack fact almost every day.

BENEDICT EVANS

Blog

Few understand the mobile revolution like Evans, who's part of VC firm Andreessen Horowitz's big-idea blog factory.

12 THE MESSAGE

Blog

This blog features commentary on, well, everything. Samples: 'The Tyranny of the Telephone' and 'God Tier: Facebook Moms Run the Meme Game'.

HOLD THE

The ratio of mobile phones in use by region

- China: 18%
- Europe: 17%
- Asia (emerging market): 15%
- India: 14%
- Africa: 11%
- South
- America: 10%
- North
- America: 6%
- Middle East: 5%
- Asia (mature market): 4%



HOW COMPETITIVE IS SUB-SAHARAN AFRICA?

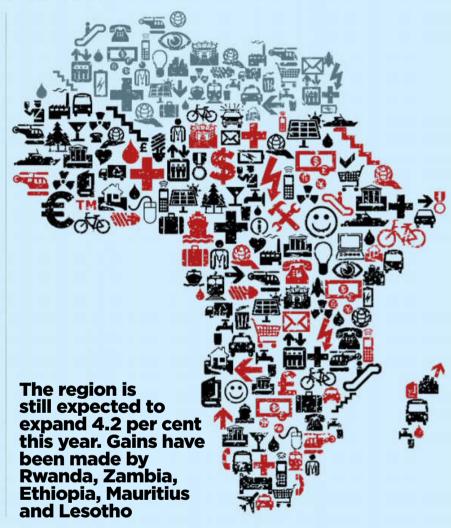
It may be one of the fastest-growing regions in the world, but prosperity for its citizens still seems a long way off

nly three African countries -Mauritius (46th place out of 140), South Africa, (49) and Rwanda (68) - were ranked above average in the 2015 global competitiveness list released by the World Economic Forum (WEF). Fifteen out of the 20 lowest ranked economies were in Sub-Saharan Africa.

The index looks at factors including progress on infrastructure, financial markets, ease of doing business, and technological gains. The Sub-Saharan region averaged over five per cent yearly growth over the past 15 years, but much of that has been driven by selling off its natural resources - Africa has one third of the planet's minerals and a tenth of its oil. So far, this growth hasn't benefited citizens or had an impact on the region's economic competitiveness, according to the WEF.

Weak infrastructure and poor government, health and education services are attributed to this performance. Falling commodity prices and growing investor caution have not helped.

However the region is still expected to expand 4.2 per cent this year thanks to star performers. Striking improvements have been made by Rwanda, Zambia, Ethiopia, Mauritius and Lesotho. Mauritius ranks 28th for ease of doing business, Côte d'Ivoire has recovered from two civil wars to jump 24 places to 91, while Ethiopia has moved up nine spots. Zimbabwe ranks 125, among the lowest. Here is how the rankings look across the continent.





Top 10 African countries in global competitiveness ranking 2015

- 46. Mauritius
- 49 South Africa
- 68. Rwanda
- 71. Botswana
- 85. Namibia
- 91. Côte d'Ivoire
- 96. Zambia
- 97. Seychelles
- 99. Kenya
- 103. Gabon



Lowest 10 African countries in global competitiveness ranking 2015

- 127 Mali
- 128 Swaziland
- 129. Liberia
- 130. Madagascar
- 133. Mozambique
- 135. Malawi
- 136. Burundi
- 137. Sierra Leone
- 139. Chad
- 140. Guinea

HAIL THE NEW \$KOOL Rapping by numbers

SEAN COMBS Net worth:

\$700 million Age: 45

Age: 45

Born: Harlem, NY

KANYE WEST Net worth:

\$130 million Age: 39

Born: Atlanta. GA

JAY Z Net worth:

\$550 million

Born: Brooklyn, NY



\$3 million

Age: 26 Born: Harlem, NY

50 CENT Net worth:

\$155 million Age: 41

Born: Queens, NY

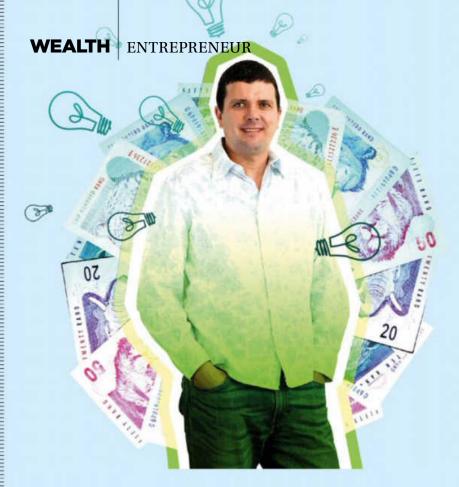
CHANCE THE RAPPER

Net worth:

\$1 million Age: 22

Born: Chicago, IL





GETTING YOUR STARTUP TO BLOOM

Nicholas Wallander, co-founder of SAFlorist.net, on how to grow a business and attract investment

Words by Paul Sephton

eaving a corporate job to move into entrepreneurial waters is never an easy leap, but it's one that SAFlorist.net founder Nicholas Wallander took a year ago, after securing one of the largest investments ever made on reality TV show *Dragon's Den*. Here are his lessons, from bootstrapping a beginning, to keeping a clear head and scaling.

GQ: What led to start SAFlorist and what's the concept behind it?

Nicholas Wallander: Independent florists are under serious pressure, even though it was one of the first industries to venture into e-commerce. We want to provide the customer with a world-class shopping experience, make them feel good about their purchase and decentralise the online model. When you buy from us, we connect you with a florist in the area. It's quite an engaging purchase, and a feel good one, because you're supporting small local business. And it allows us to shorten delivery distance dramatically Theoretically, you can order at 5pm for a same day delivery. You can't do that with a centralised model. There's just no way.

GQ: What's the best way to scale a startup and stay lean?

NW: Build a system that focuses on USPs that competitors can't match. We're building a decentralised model that is scalable in volume and geography. You should design a system that allows you to scale without being resource intensive. Since the investment last November we've grown by almost 500 per cent, without having to employ more admin staff.

GQ: Have you followed any particular business mantras?

NW: You've got to have a few. One of them is to focus on USPs and another is to focus on the tech and keep your resource overhead as low as possible. There shouldn't be a relationship between resources and volume.

GQ: How do you shift from a corporate job to being an entrepreneur?

NW: It's stressful, but it's something only you would know – you have to gauge your own optimism and potential for your business. If we keep a handle on costs and scale at our current rate then we could turn some tidy profits. It's easy if you're younger, because you can afford to scale your lifestyle back without serious fixed costs.

GQ: Is there a way to gauge or check yourself?

NW: There are some fundamental questions that you have to ask: is this product unique? Does it provide people with a reason to move from the norm? Can it scale and is it something I can literally see myself enjoying doing? If any answer is no, it's probably not a good idea. The biggest risk when committing to a company is being myopic about your product. You have to be realistic about what you've got. It's difficult not to fall in love with your product, especially when you've taken something from a first line of code to a point where it's a tangible product. It's kind of like a kid - parents will see photos of their kids and it's the most beautiful thing in the world, and it might actually not be. It's the same with a small business. Being able to look at it through those lenses without getting that kid fuzziness is key in making decisions.

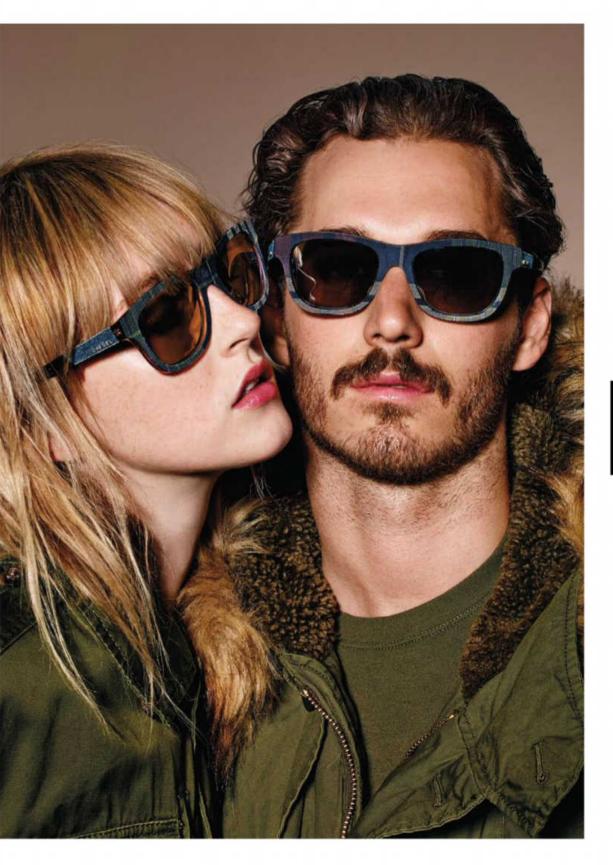
GQ: What advice would you give to your 18-year-old self?

NW: One thing I wish I could do is code. Right now, if you can code, and you have any sort of entrepreneurial flair, you can pretty much get something off the ground without risk.

GQ: You had a major investment last year through *Dragon's Den*. What have you learnt since?

NW: We've given the site numerous face lifts and worked really hard on the checkout. By our estimations we probably have the fastest checkout in SA at the moment. Checkout is so important; >>

'There are some fundamental questions that you have to ask. Is this product unique? Does it provide people with a reason to move from the norm? Can it scale and is it something I can see myself enjoying doing?



it's not me it's you

DIESEL

once a customer has made a decision you need to get them through their purchase without any friction. The most fundamentally important thing is once you've got an investment, you need to prove scalability and concept as soon as possible, and prove the idea that they've bought into. If you were scaling already, you wouldn't need the investment. They bought into a belief that what you've got can reach certain heights, so it's key to deliver on those.

GQ: Is there a good way to raise funding in South Africa?

NW: I've been amazed by the amount of potential venture capitalists there are in South Africa. There are people in the city looking to make interesting investments, having exited successful businesses and turning to help other people grow theirs.

GQ: Is the state of investment in SA tech optimistic overall?

NW: Things are favourable right now in terms of investing. The horrible memory of the bubble bursting and the downturn around 2010 are gone. If I just look at FNB, Standard Bank and Investec and the initiatives that they're involved in, Standard Bank is involved with SW7, in association with the British Government. They have built an incubator in their new Rosebank offices in Jo'burg where you can just go and use their Wi-Fi and work. Look at Michael Jordaan from FNB; the fact that he's investing so heavily in his personal capacity now that he's left FNB gives you an idea of the culture he must have instilled in the bank while he was there. And when you look at Investec investing in WiGroup, these are very positive signs from big institutions that there might be an appetite for tech investments again.

GQ: Where's the low hanging fruit for new business opportunity in SA?

NW: I think the big opportunity lies across many industries, but what the customers want is on-demand. If you're in an industry with a solid market, and you can do it faster and get to that customer gratification point that much quicker, that's the opportunity. And that's what we're trying to do with flowers. Being able to offer predictability is going to be a key success driver in e-commerce.



Nicholas Wallander, who started SAFlorist.net in 2012

'I've been amazed by the amount of potential venture capitalists there are in South Africa. There are people in the city looking to help other people grow their businesses'

GQ: Do you see SAFlorist as a tech company or a floral service?

NW: We jostle with this question, are we in the florist industry or are we offering a platform for a decentralised industry to compete with a monopoly. We've come to the conclusion that we're a tech company, and that our technology just happens to be proving itself in the florist industry.

GQ: Do you have to be in a given industry to be aware of new opportunity that lies in it?

NW: It's very difficult to identify opportunities in an industry that you're not familiar with. But essentially all of the tech start-ups succeeding now are solving very simple problems. They might be in a highly evolved industry, but dealing with a super simple problem that is still unsolved.

GQ: What metrics should a startup measure its success by?

NW: Our measures are transactions, new customers and churn. Churn is the percentage of subscribers who discontinue using our service. So if that customer doesn't order again, when we expect them to, we need to entice them to do so.

Transactions prove growth. We're not

focused so much on revenue, because they are usually tied, but for a startup transactions is a better metric because they prove you're acquiring customers. Revenue will follow once you have a customer base.

GQ: How do you expand a customer base or go about marketing?

NW: I think as a startup with no brand equity, a solid and well run Google Ad Words campaign is absolutely critical, but we often call it a crack habit. You put more money in and get a buzz because you see your sales up, but you get the card debit and suddenly you've hit a downer. You must have a metered approach to Ad Words because it can run away with you. We've focused heavily on our content strategy and organic rankings; you want to see those conversions catch up with your pay per click conversions. Organic theoretically costs you nothing but it takes a lot of work to develop. And it's critical for a startup because you can't rely on Ad Words in the long term for customers.

Find out how to style your boardroom basics and get more tips from industry leaders, all on **GQ.co.za**

Banking by numbers | SA's biggest money players

▶ BANK	FirstRand	Standard Bank	l Absa	Nedbank	Capitec
MARKET CAP	R320.41 billion	R283.17 billion	R161.89 billion	R127.71 billion	R65.17 billion
► CUSTOMERS	7.1 million	11.1 million	9.2 million	7.1 million	6.2 million
► CUSTOMER GROWTH	-3.9% (FNB)	6.7%	7%	6%	6.9%





ANY RESEMBLANCE TO THE DASHBOARD OF THE E-TYPE JAGUAR IS PURELY INTENTIONAL.

Enzo Ferrari called it the most beautiful car in the world. Now two new watches pay homage to Malcolm Sayer's ground-breaking design. The Bremont MKI and MKII have been developed in partnership with Jaguar. The dials are inspired by the E-Type's tachometer and the winding weight is based on the car's iconic steering wheel. You may never own the car, but the MKI and the MKII might just be the next best thing.



HOW TO SUCCEED IN 2016

Your first 90 days in a new job are crucial: new opportunities, new pitfalls. Here's how to head up the ladder of work-place success

Words by John Naughton

Make an early start

'Develop objectives with your boss so you hit the ground at full speed.'

- Mavnard Webb. Chairman of Yahoo



People skills

Sort out your admin and staff issues before you start your new year.

Food for thought

Arrange lunches with colleagues to find out how your new company really works, suggests Silicon Valley-based Richard A Moran of the Menlo College.



Cut the chat

void becoming bezzie mates with the gossip-mongering

colleague who's made a beeline for you. Keep 'em at arm's length. Job well done.'

- HR expert JT O'Donnell

Friendly ears

'Suck up to the right people,' says Guy Kawasaki, chief evangelist at Canva. The right people are secretaries. admin assistants. receptionists whose views about you your boss will canvass.



Back to the future

'You keep telling everyone how you used to do things at your old job. Don't. No one's interested,' says JT O'Donnell.



Words of power

You listen more, you talk less. Work out power structures in the job this way,' says Lora Cecere, CEO of Supply Chain Insights.

Learn and grow

'You're looking to learn from the job. Treat every new job as an apprenticeship.' - Steve Blank. co-author of The Startun Owner's Manual.



Give it a go

You said 'no' to your boss. According to Brian Wong. San Franciscan marketing guru, you should have said 'let me try'.



'You need to calm down and pace yourself,' says JT O'Donnell on where you

Steady progress

should at by week nine of your new role. 'Trying to prove yourself a worthy new recruit can tip over into being an insufferable know-all. Work hard, but don't shout about it.'

Time after time

You start coming in late, thinking people won't notice. They do.

Done deal

'You master a way of doing your core work in 40 hours. That's key.'

- JT O'Donnell

'Under promise, over deliver.'

Chief talents

'Arrange a meeting with the CEO,' says Richard Branson. 'If he's too busy to see you, that tells you something about the company.'

Great idea

Don't forget the most important workplace advice of them all - that of Homer J Simpson. Never fail to say, 'Great idea, boss!

Working out

You compare yourself with others to your detriment, you bring your work home and you let your relationships suffer - all no-no's. according to wellbeing expert Deepak Chopra.



No quick fix

'Stop feeling sorry for yourself. You can't change the world - or the company - in 90 days. And that's okay.' says Inge Geerdens, CEO of CV Warehouse.



You made it through your first 90 days. Now set some new goals.

Energy levels

A quick guide to the state of our energy

TO THE GRID OVER THE PAST **FOUR YEARS. 4 764MW IS THE** PROJECTED OUTPUT OF COAL-FIRED MEDUPI, WHENEVER IT IS FINISHED⁴

Future goals

2015:

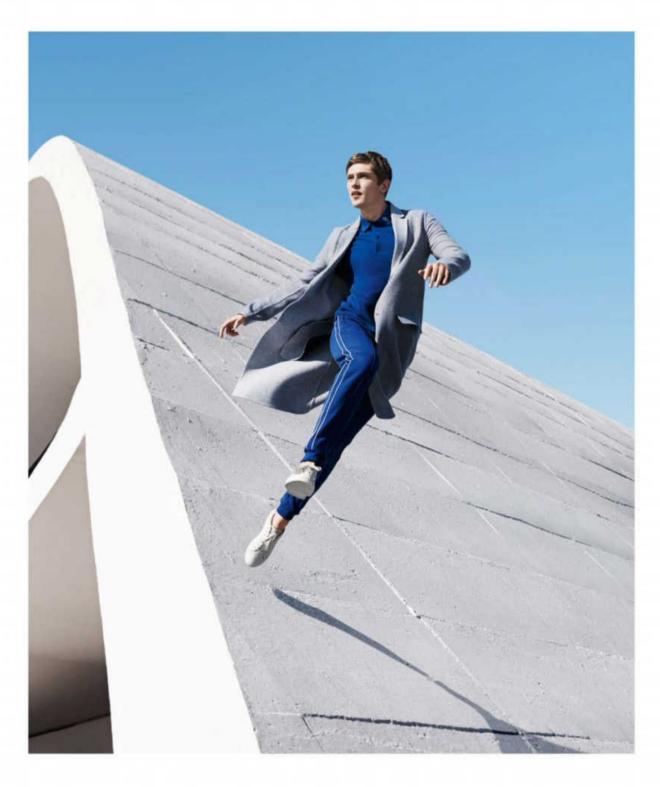
12% RENEWABLES 4% HYDRO 84% NON-**RENEWABLES**

21% RENEWABLES 5% HYDRO 74% NON-**RENEWABLES**

Where the budget goes

10% RESEARCH SPENT ON RENEWABLE ENERGY 90% RESEARCH SPENT **ON NUCLEAR ENERGY**

NUCLEAR POWER PLANTS FROM **RUSSIA FOR \$900 BILLION (EST.)**



LIFE IS A BEAUTIFUL SPORT LACOSTE



WHAT JUST **HAPPENED TO** YOUR MONEY?

2015 was a year of economic turmoil. Here are 10 events that had the biggest financial impact

Words by Bruce Cameron

1 China

The Chinese economy slowed (but is still growing strongly), as demand for imports of raw materials dropped and China devalued its currency to help stimulate exports. This knocked countries that are commodity producers, with emerging countries being hardest hit. China's devalued yuan, with investor and consumer unease related to the domestic stock market, cut demand for Chinese commodity imports, which are making it harder for exporters to turn a profit.

2 Greece

The country unsettled investment markets at first, but its economy (\$246 trillion) makes up only 1.53 per cent of the European Union GDP (\$18 240 trillion) and is about one third smaller than that of South Africa. Even a Grexit from the Euro would not bring about a disaster.

3 Currency shakedown

The year has been marked by currencymarket volatility brought about by three main factors quantitative easing, the reduced commodity prices (particularly crude oil), and the slow down in the Chinese economy. The US dollar has strengthened against all the major currencies and particularly against most developing or emerging countries as well.

4 Oil at \$20 a barrel

This is a possible price being predicted by 2017. It's due to overproduction and crude oil stockpiles at an all time high; the refusal of Opec countries to cut production and the economic slow down in China, among others. Economies of oil exporters will slow down and they will import less from other countries. Non-oil producers will benefit from the lower prices. It will however, initially result in slower global economic growth.

5 Lower commodity prices

These have

hit producer countries like SA and Brazil, resulting in lower exchange rates. The main reason has been lower Chinese demand for commodities, and a global glut of aluminium in China, exacerbated by its exporting at

6 Brics on shakv foundations

low prices.

Brazil's economy is down by almost two percent on 2014 and Russia is shrinking by almost five per cent. China has slowed down and South Africa has an invest grade of BBB- on their debt. India has a positive five per cent growth rate. Brics' economic growth has cooled, and low commodity prices could worsen economic concerns for raw material exporters like Brazil, Russia and South Africa.



The long-term economic effects of an estimated 16 million refugees from Syria, Libya, Iraq and Yemen seeking safety in other countries is still being debated. But it's not all bad news as the population of the world, and particular that of the northern hemisphere, is aging, leaving countries with an ever increasing number of pensioners, with fewer and fewer in-job people paying taxes to meet the pensioner bill. It's estimated that Germany could absorb up to one million refugees a year to improve the balance between pensioners and non-pensioners.

8 Growth revival

The US started to show signs of firmer growth revival following the 2008 economic meltdown. In Europe the recovery is more fragile and varies from country to country. Unemployment rates were tending downwards, production levels upwards and the housing market has stabilised with renewed consumer confidence. This is good news as these two regions dominate the world economy.

9 Quantitative easing

Artificially low interest rates and pumping cash into the world's financial systems created a glut of money. With banks loath to lend, this flood of cheap money did not have much choice of destination except equity markets, pushing up share prices around the world.

10 The tottering bull

This year has seen record low interest rates in the developed world impacting on bond and equity markets. The brave have looked to places like Russian bond and equity markets, and the very brave to places like Greece. The S&P Index for the top 500 United States companies hit a 13-year low of 676.53 on 9 March, 2009, climbing to a high of 2 135 in May. The bad economic hit on 8 August this year saw the S&P lost almost four per cent in value. This was nothing compared with the almost nine per cent hit in September 2008 and the subsequent losses reached almost 40 percent in 2008 and 2009.

THE WORLD'S BIG 3 (IN SIZE OF GDP)

- 1. The United States \$17 419 trillion in GDP.
- 2. China \$10 360 trillion.
- 3. Japan \$4 601 trillion.
- 33. South Africa \$350 trillion.

To every china, together. To Global Love.



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Not for Sale to Persons Under the Age of 18.

CALLING LIA CURIOUS

Photographs by Caroline Mackintosh and Sébastien Rohner Styling by Mr Doveton

Push the limits of creativity with **Fossil**

There's a popular saying about cats and curiosity, but as far as we're concerned, it's rubbish. Look throughout history: the curious ones among us have been those who have pushed humanity forward. It's a special kind of person who asks questions, tries new twists on classic theories, dares to deviate - and doesn't ask for permission. Fossil asked Neil Doveton, the style guru behind Mr Doveton, to find two guys who've got the curiosity gene written in their DNA - and the accessories to match. Meet their curious kinfolk.

> Fossil Ingram sliding 2-in-1 wallet R699 (1) Fossil Breaker watch R3 399 (2) Fossil Breaker watch R3 399 3



'The curious ones among us have been





this ad is **gender** neutral

DIESEL

Sandton - Eastgate - Rosebank Menlyn - Gateway V&A - Canal Walk - Cavendish



This month // McLaren's insane sprinter // BMW launches two new bikes // New cars



THE MCLAREN 650S SPIDER

Driving this barely street-legal racer is an education in physics and all kinds of fast and fuzzy feelings

Words by Paul Sephton

y hands are shaking slightly; maybe it's the brief siren, but it's probably just the car. The whining sound of that first thing was my favourite worst nightmare, and it's coming from right next to me. Looking over, a broad-toothed grin and a thumbs up is all I see coming from the cop in his car on my right. And while I've barely been in this McLaren 650s Spider for fifteen minutes, it is a magnet for turning heads and taking snapshots - we're earning a sighting a second. The attention is omnipresent, whether you want it or not everybody looks, making me feel the closest to celebrityville that I'll ever be. Spend a few minutes in a parking lot and there will be at

least ten people around you taking pictures. The car looks so outlandishly different, and is so rare that there's little competition.

You see, when you're driving what I'm driving, no one is exempt from noticing, from admiring – and how could it be any different? Before 2012, it's not like you could even find a McLaren that was street legal. The only thing is, I'm not sure how this one is. Gurgling like a baby dragon behind me is an engine so powerful that, if I put my foot down when this light goes green, I'll be

going more than 200km/h in just over eight seconds. In fact, every number associated with this machine is just silly, from the 484kW and 678Nm, to the fact that such power comes from a mere 3.8l of V8 engine, mounted with two tiny turbos. These figures might make your eyeballs bulge, but feeling them in practice will have a different effect; pushing them to the side of your head as G-forces take effect and you tunnel vision every inch of focus you have on survival. The staggeringly quick >>>

If I put my foot down, I'll be going more than 200km/h in just over eight seconds







MCLAREN 650S

POWER

3.81 twin-turbo V8, 484kW. 678Nm

PERFORMANCE

0-100km/h in 3.0 seconds; top speed 329km/h

CLAIMED FUEL

11.7l/100km

BASE PRICE

R4 900 000

mclaren.com



nature of this car is enough to scare the living daylights out of anyone who gets

behind the wheel. Moreover, most of my

shaking. It looks and feels thrilling, and

The McLaren 650s is the follow-up to

2012's MP4-12C (later, just 12C), and can

be positioned as the update that adopted

all the freakishness learnt from the motor

company's P1 experiment, while listening

to all of the little tweaks 12C drivers and

critics were looking for. Putting your foot

down in a game of chicken, it takes

passengers would often leave visibly

getting out of it, you can't help feeling

more alive than when you got in it.

The seven-speed dual clutch gearbox is capable of automatic shifts so fast that you have to listen for the blips and prepare for further propulsion

nanoseconds for the freak to come out. In a hurricane of glorious noise, you're shot forward like a road-ready roller coaster, as all those numbers play out in search of tar to chew up ahead via the four Pirelli P-Zeros that are so frantically fighting for control. Just like that, you've added a memory so stung by heightened senses that it can't be forgotten. The beauty of this car is that it's experiential on a level that defies belief - until it's felt. Crushing the gargantuan brakes (carbon ceramic standard) and with the help of the air foil's extra down force (forty per cent more than on the 12C), you could more often than not throw a stone further than this car's stopping point.

But, when it looks and performs like this, you kind of expect that all the things that make it work so well on a track, leave it verging on unusable as a daily drive. Not so with the 650s, thanks in part to McLaren's ProActive Chassis Control (PCC), essentially a dual-wishbone on all

four corners, so that when your settings are dialled in at normal – even pushing to sport – the ride is plush enough not to be haemorrhaging kidneys with every bump on the highway. Accompanying the power is a seven-speed dual clutch Seamless Shift Gearbox (SSG), capable of automatic upshifts so lightning fast that you have to listen for them, while downshifting is a satisfying sting of rev blips and prep for further propulsion.

All of the tech in this car makes it so futuristically clever that even an amateur driver like myself can throttle it into hyper speed. Combining all the technology and performance tricks learnt from F1, and then using the findings that were banned in the sport, McLaren has bred something truly astounding, and probably the best car GQ has ever driven. Which is why we had to share the fun...

See the McLaren 650S Spider in action at **GQ.co.za**



Ride share

We helped launch the Uber McLaren

THAT BROUGHT US TO OUR NEXT IDEA. What if we could get as many people to enjoy this car as possible? We called our friends at Uber and asked them if we could sign up as a driver for the day, with a twist. In order to sign up, we went through

countless background checks to make sure we weren't going to be creepy drivers. After that, it was as simple as picking up strangers and playing a virtual game of *Need for Speed* while getting customers from A to B. Watch the vid at **GQ.co.za.**



IT'S MY TIME.



Soul fuel

GQ heads to Bavaria for an adventure with BMW's new S 1000 XR

Words by Dieter Losskarn

BMW is well-known for creating a niche within a niche with their cars. Just look at their Sports Activity Vehicle (SAV), the mighty X6. Now there is a bike equivalent: Adventure Sport, and the bike flying this flag is the S 1000 XR. It is the fourth high-power BMW motorcycle, after the S 1000 RR, the HP4 and the S 1000 R roadster – with a straight four-cylinder engine. And it is one of the best BMWs I have ever ridden.

Two colleagues and I were handed three new BMW bikes on our arrival in Munich – and all three of us jumped on the new S 1000 XR. But the other two bikes weren't bad either: the retro classic R nineT (81kW/119Nm), and the classic flat-twin boxer R 1200 RS (92kW and 125Nm), a sports tourer.

We decided to swop as often as possible on our way through the Alps to the mountainous Berchtesgaden region.

Leading the way was Peter, our guide/photographer/paraglider on his F800 GS with panniers, beating us all in the bends he knows so well.

The striking S 1000 XR (119kW/112Nm) combines GS, Touring and Sport models in one bike, or as BMW says 'The best of three worlds'. The power delivery is explosive, allowing brisk touring with sporty performance, combined with a very comfortable ride in an upright sitting position.

It handles well on the autobahn with speeds up to 240km/h, but on twisty country and narrow mountain passes, it is king, perfect for holiday trips with luggage and a passenger.

BMW riding gear also benefits from the new lifestyle approach. The protective clothing range is rad. I wore a BMW 6 helmet, a stylish and functional trendsetter with integrated sun shades and a front end that opens up.

Due to an unprecedented heat wave in Bavaria, with temperatures soaring up well into the 40s, I 'Africa'-tested the new





The biker jacket looks like denim but is made of high-strength materials with great abrasion resistance and has body armour inserts

BMW Venting suit. And it works. First of all, it doesn't resemble a biker's suit. The jacket looks like denim, but is in fact made of high-strength materials with great abrasion resistance. Despite the body armour inserts, the jacket and trousers are very comfortable to wear.

Lightweight stretch panels are sewn into the knee and elbow areas, as well as into the seat of the trousers – the perfect summer suit for South African bikers.

If you own an R nineT, or a one-off boxer custom bike, an old-style leather jacket aptly named Soulfuel is for you.

PRECIOUS METAL ON DISPLAY

It is a very distinct sound. A Bavarian sound, one that triggers memories, particularly for someone like me, who was born in the area and is revisiting the countryside after many years away.

On leaving the large Oktoberfest-style beer tent at the fairgrounds under the Hausberg mountain in Garmisch-Partenkirchen where the 15th BMW Motorrad Days is taking place, I hear other characteristic Bavarian sounds coming from the endpipes of a number of boxer engines. In an upmarket village setting, dozens of custom bike builders present their creations. It's a breathtaking display of precious metal.

One of the weekend's highlights is the Classic Boxer Sprint. Two and four-valve classic boxer bikes race each other dragster style on a 200m stretch of Main Street – an amazing sight with even better sound effects.

You can test-drive every bike in the BMW model range and whoever is keen can test their skills on an obstacle course

All the major aftermarket equipment suppliers are here and exhibiting, from Touratech to Wunderlich. One large tent displays organised BMW trips around the world, with South Africa as a trending destination.

You can test-drive every bike in the very comprehensive BMW model range on a ride through the picture-perfect Bavarian countryside and whoever is keen to take part in the annual GS trophy can test their skills on an obstacle course, including balancing the bike on a tree trunk.

The BMW Motorrad Days are a perfect showcase for the brand and their new 'Make life a ride' approach. The location couldn't be better – Bavaria is the ancestoral home of the legendary bikes. The beer tent in Garmisch is the perfect alternative to the overcrowded Oktoberfest in Munich.

Since the agreement was extended to 2018, the BMW Motorrad Days will continue to be held in Garmisch-Partenkirchen. See you in July 2016.

POWER PLAYERS

One big and two small new models hit the road

Words by Dieter Losskarn



THE NEW Q IS KING

It took Audi some time to revamp the Q7. The outside changes are subtle; more evolutionary than revolutionary. It looks leaner, more muscular and squarer, but not radically different from its predecessor. It's lost some serious weight though – up to a staggering 325kg, depending on the model. It's still big, but not fat anymore, and it's more luxurious, roomy and ecomomical. Equipped with four-wheel drive and four-wheel steering, it's surprisingly agile. For me it's the new secret king of Quattro, with more technology, prestige and space.

POWER 3.0-litre V6 TDI, 183kW and 600Nm

PERFORMANCE 0-100km/h in 6.3 seconds; top speed 234km/h

CLAIMED FUEL 6.1 litres/100km

BASE PRICE R924 000



POWERPACK

The new Mini John Cooper Works is the most powerful one ever produced. It's a completely redeveloped car, and you can feel it. The rear spoiler and side sills are not as in-your-face as in the previous model, but it does have the characteristic red Brembo brake calipers. The JCW version offers extremely addictive driving fun – it's a hard ride, but never uncomfortable. It's no wonder, with this kind of power in a small car, the lower seating position, swift handling, perfectly balanced chassis and solid body shell. And the new gorgeous LED face enhances its Mini-ness.

POWER 2.0-litre turbo, 170kW and 320Nm

PERFORMANCE 0-100 km/h in 6.1 seconds; top speed 246km/h

CLAIMED FUEL 6.7 litres/100km

BASE PRICE R440 000

STILL COOL

You don't change much in a successful recipe – that's Nissan's attitude with the Juke, the most famous love-it-or-hate-it car of them all. Even the Juke's designer wasn't sure whether this quirky style would work. He shouldn't have worried – in the three and a half years since its introduction, it's sold half a million units. In the second generation of the Juke we see subtle changes. First of all, the heart was replaced with the new 1.2-I. DIG-T engine (85kW/190Nm, six-speed manual gearbox). Bumpers, lights and side

mirrors were refreshed. There are newly designed larger wheels, a new roof-mounted aerial and redesigned rear lights. My Juke choice would be the top model with four-wheel drive, as it is so much more fun. And it has to be in San Diego yellow.

POWER 1.2-litre six-speed manual, 85kW and 190Nm

PERFORMANCE 0-100km/h in 10.8 seconds; top speed 178km/h

CLAIMED FUEL 5.6 litres/100km

BASE PRICE R254 900





ONE OF 10 TW STEEL SLIM LINE WATCHES WORTH R5 500 EACH

When it comes to your outfit, sometimes less is more – why should your watch be any different?

TW Steel's Slim Line range is the perfect addition to any modern look, stylishly slipping from underneath your shirt cuff whenever you need time on your side. Keeping all the DNA of its siblings but casing the brand in an ultra-thin package, the Slim Line range makes a smart, sophisticated statement. Dutch by design, big in attitude and peerless in class, this watch is the simplest way to make a stylish impression. luxco.co.za

Luxco Importers 011-448-2210

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SMS **'TW Steel'** followed by your full name and email address to **32697.** SMS charged at R1.50. Free SMSes do not apply. Entries close on 31 January 2016. For full terms and conditions, see pg151.

THIS MONTH

BEHAVIOUR BY PETROS AUGOUSTI; HUMOUR BY BRENDAN JACK; SEX BY JULIEANNE SMOLINSKI



BEHAVIOUR

Get to work, man

Petros Augousti puts the man into manual labour and joins the workforce hall of fame

I DITCHED A WHOLE LOT OF STUFF LAST MONTH, starting with board meetings where the agenda is the next board meeting, where the clash is between egos and the contest is over who can give the most boring summary, or come up with the most tedious ideas. Oh and don't forget, those key decisions on lunch (Banting or not) water (still or sparkling) and tea (rooibos or green). Don't even get me started on coffees.

Enough already. Time to get back to work. My one-man marketing company secured a contract with a large international company to write their corporate brochures and while discussing this, I picked up from the MD that one of their factories required a logistics adjustment: in other words, it needed a good clean-up, which involved painting, welding and manual labour.

That is just what my business offers, I told him: a diversified service that covers every aspect. In my black Soviet work boots and arm cast – as a result of a recent accident on the soccer field – I must have looked capable of pulling off tough jobs. Perhaps it was the pheromones or testosterones or whatever 'rones' it is we give off in a work encounter. Whatever, I duly got the contract.

I hired a guy I'll call Man Friday, someone who would share my pain and glory in the weeks to come. Bear in mind I have never painted, welded or carried heavy goods for eight hours straight. Sure, I have been training at the local gym for many years and I pay them for the pleasure of picking up heavy equipment. Now I was the one to get paid a sizeable fee. I was sure I could learn to paint, weld and handle electric cable-like stuff. I am man after all.

I was in competition with him to see who would break first. For eight hours of every day, I switched off my brain completely



Petros Augousti isn't afraid to get his creative hands dirty



It's common knowledge, to well-read people anyway, that Albert Einstein – the cuddly, frizzy-headed genius who gave us the theory of relativity – used to regularly stop theorising and take up menial labour instead. He rightly believed that by doing tasks that used minimal thought, he was free to let his mind roam and get inspiration at unlikely times. I have been a creative writer for many years now and as much as my body yearned for muscle-busting work, the synapses in my brain were close to exploding. They needed some relief from the friction of thinking.

Man Friday and I arrived at the factory, were introduced to the staff and then had to put on our new work clothes – blue overalls, mask for fumes, a safety-net hat and disposable gloves that career criminals, doctors and fetish lovers get to wear. Any job that needs all this must be freaking hectic. I pulled on three latex pairs at once.

The job was due to be a three-week one, but the contract was extended for another three. And now I knew why. Lying in wait was 30 tons of material that had to be graded, moved and thrown out. Then the whole storage facility had to be painted, all steel cages were to be unwelded and then rewelded. I didn't even know the right terminology for what I was about to embark on but who cares? Not when you have to leave the water-cooler life behind to move heavy-duty steel around.

I prefer to get my torture over and done with, so at 6am every morning I got stuck in. Man Friday was a great companion but I was also in competition with him to see who would break first in the face of a mountain of unyielding steel. For eight hours of every day I switched off my brain completely. We took no lunch hour – just a single coffee break – and carried, painted and welded our way into the Workman Hall of Fame. I have no abiding memory of the job; only the feeling of satisfaction at the end of each work day. And the sleep. Such sweet sleep. You could do it too, you know.

LLUSTRATION BY CHRIS SLABBER/CS DESIGN & ILLUSTR,

How to go on holiday and annoy people

After trawling through your Instagram, Brendan Jack doesn't believe you're having fun

I WANTED TO GO ON HOLIDAY, BUT THE CAMERA FUNCTION ON MY PHONE WAS PLAYING UP. 'Should I postpone?' I wondered. After all, I'm going to the trouble of a taking a scenic holiday. Why jeopardise the trip by not being able to show photographic evidence to everyone with an internet connection? Could I get away with using an iPhone 4S? Would it still hold up to modern standards of iPhoneography? Is a camera even necessary? Could I go on holiday without documenting it?

Sharing personal photos online has replaced inviting the neighbours over to see your holiday photos. Except the neighbours are now strangers who you've met once, and who don't know where you live despite you being the best of Facebook friends.

Travelling and relaxing on holiday has become hard work. It now takes a lot of effort to look like you're having fun. Have you selected the coolest wardrobe? Will you complete that hike to the top of the waterfall by sunset for a Miley Cyrus tongue pose? (What's the point of a photo if the sun isn't right?) And when packing, how many selfiesticks is too much? Can't find a cable to charge your GoPro? Might as well stay in your Airbnb and weep.

There's an ever-growing social scale to rate yourself, to compare ourselves to the imagined lives of others. It looks like everyone's having an epic time biking across *Lord of the Rings* country or drinking from Remy bottles at Kanye's West's Grammy party – all while you're babysitting your nephew at a kid's party, who just threw up on you.

Thing is, people posting their amazeballs view from a Greek isle after picking olives for lunch in an orchard, where a famous person once had a nap, probably had to mop up chav urine in a pub and wash pint glasses to make the cash required for their bohemian chic lifestyle (not judging.) After their youth-hostel tour of eastern Europe they'll head home to poor work prospects because, while they were arsing around Prague, you were doing a free internship or busting your hump schmoozing and emailing out your LinkedIn profile.

The only person probably living a more epic life than you right now is Justin Bieber, who's currently shagging, snorting and tattooing himself through early retirement. If you want to despise and begrudge anyone,

despise the Biebs. At least he gets the paparazzi to post his pictures online – less admin for him.

As far as I know, Ernest Hemingway never took a timeout to upload a Vine of his battle with a marlin. Instead he documented his existential crisis in a short book. Were books the social media posts of yesteryear? A little less throwaway and better thought out than Twitter updates, but still used to show off?

Hunter S Thompson didn't have time to grab a panoramic timelapse at a cockfight in Panama. Not with a mind full of hallucinogenics and a typewriter (before autocorrect, which still has its pros). Did you enjoy any of the bands at the festival? It looked like you spent the whole concert working on your iPad. Oh you were filming the bands on your tablet? Why? Previous explorers such as Christopher Columbus got by without captioned pics of their morning breakfast. There's not even a sketch or woodcarving of Jan van Riebeek's wilted spinach eggs Benedict. No time with the threat of death by scurvy all around.

Over-enhanced lifestyle fabulousness (OLF) has become a problem. The internet is beset with lies and falsehoods. How do we know that's actually the Bhakra Dam in India and not a crap day out at Harties? Didn't I just see the same photo on *National Geographic*'s feed? You can't possibly be there at the same time. Did you pass it off as your own? No one likes being lied to on social media.

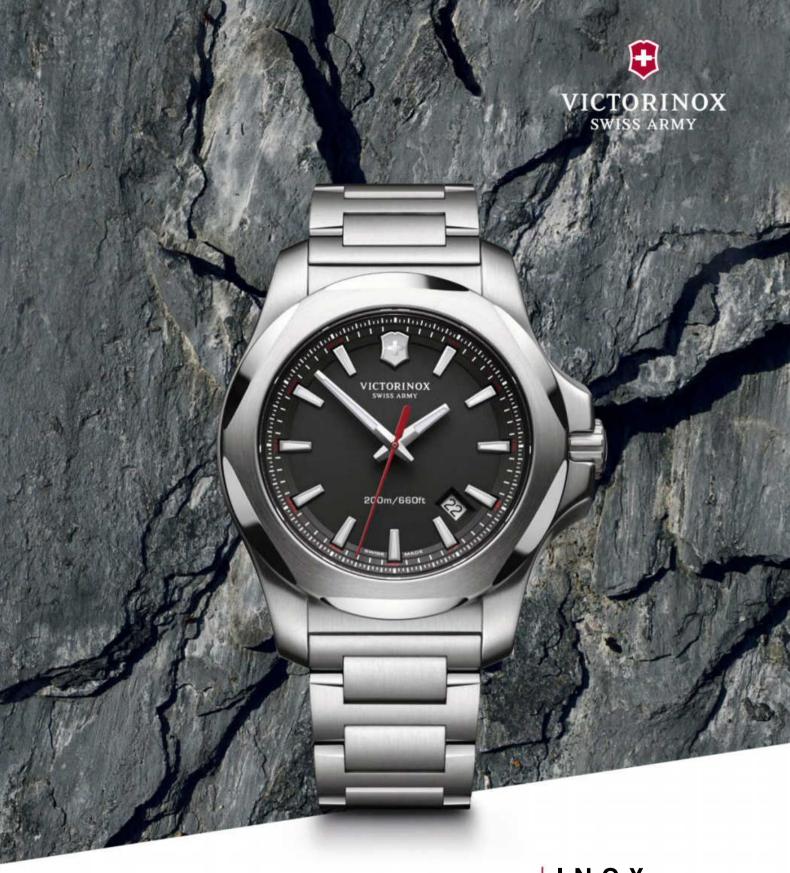
Which brings us to Instagram tours, which I'll hopefully be making a profit from

Over-enhanced lifestyle fabulousness (OLF) is a problem. The internet is beset with falsehoods. No one likes being lied to on social media



Brendan Jack might like your pictures online, but in reality he can't stand them

But at the end of the perfect day, let's enjoy social media while it's still fun and your posts aren't being used to monitor your whereabouts and behaviour by your boss and the government. Unless that's already happening, which it is. And don't worry, I'll still follow your scooter road trip across Asia. How else am I going to see what a picnic looks like next to a Nordic fjord?



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How to go in through the back door

Julieanne Smolinski gives you the gentlemen's guide to anal sex

WHETHER YOU READ ABOUT IT, HEARD IT WHISPERED AROUND A

CAMPFIRE, or experienced it firsthand, surely you've gotten the news that butt stuff is in. If you're behind (sorry), let's catch you up. A lot can fall under the umbrella of 'butt stuff': fingers, penises, tongues, toys – in your place or hers. All of this was once reserved for birthday sex, but now it's barely taboo. Which is great, because butt play is lots of fun and one of the few kinks you can try without using Craigslist.

You know you've wondered what it's like on the dark side of the moon. But you have... concerns. Let's work through those.

CONCERN NUMBER 1: YOU'RE FEELING INTIMIDATED

Maybe you're peachy with just good ol' traditional-style sex. That's fine! Some

people have never been to Nelspruit. But might you not, hypothetically, enjoy having your penis enveloped by the tight grip of a beautiful woman's ass? Or having your male G-spot – situated just inside your sphincter – given a gentle nudge, pushing your orgasm into 'I SEE GOD!' territory?

If you're in a relationship, it can be an exciting new thing to trot out. If you're single, though, it can seem like an extreme request. It's not. Women who enjoy butt play during casual sex will probably tell you, loudly, over the roar of 'Immigrant Song'. Kidding! Slightly. Women who like anal are normal, and they are everywhere. You just have to ask.

CONCERN NUMBER 2: YOU DON'T KNOW HOW TO ASK

If your problem is one of propriety, worry

not. It's 2015; most women aren't going to clutch their bonnets and run screaming if you ask for something (politely!) in bed. If she doesn't want to do crack with you, she'll say 'No thanks,' and the world will continue to spin on its majestic axis.

Alternatively, you can nonverbally imply that you'd like to explore the general area, and see how she responds. Maybe drift south while going down on her, or move her hands toward your ass-end and see if she responds positively. We're talking enthusiastic 'Yes, yes, yes!' levels of consent. That's a green light to see if she'd like to go further, via sacking up and telling her what you'd like to do to her or that you think it'd be pretty grand if she'd reciprocate in kind.

Just promise that you will never try to sneak in the back door. Promise.

CONCERN NUMBER 3: YOU THINK THE ASS IS DIRTY

It can be. It's an ass, and you know its primary directive. But let's be real: all sex is a little disgusting. This is why a bit of thoughtful preparation is key. Or to put it in sports terms you can more readily digest, your best ass defence is a good ass offense. Shower well. Also, don't take out a girl for a veal parm dinner, then later on go for the bronze. You and a plate of bread cannot comfortably fit inside someone else.

CONCERN NUMBER 4: YOU THINK IT'S GAY

There are gay men who don't like anything put inside them. There are straight men who do. These are cold, hard-ass facts. The only thing that makes you gay is being attracted to men. The male asshole is a biological source of sensation regardless of your sexual preference. If a woman thinks you're gay for indulging in that pleasure, dump her and move on. Bigots are generally terrible in bed.

Julieanne Smolinski

says 'Bum's the word!' when talking tushy taboos









HOT OFF THE PRESS

Words by Marta Talhão. Photographs by Branislav Simoncik

Portuguese actress Ana Sofia Martins tells GQ about making it big in the media and how she manages her relationship with her fans

or almost an hour,
Ana Sofia speaks at
will, like someone
who is used to the
being in the
spotlight, who feels completely
at home in front of a camera,
and who knows her way around
her boyfriend.

GQ: Is being on television more intense than you expected?

Ana Sofia: I knew it was going to be intense, but it's only when you actually experience it that you realise just how much. I spend 12 hours in the studio. I get home and I have to study scripts for the following day, and the number of scenes can be anything between two and thirty! The work never ends, but it's just as well; otherwise I'd get bored.

GQ: Does it get complicated?

As: There was this one time when I was told, 'Just do it right the first time; that way you don't have to repeat.' And I follow that, word for word. The most complicated scenes, or the most intimate ones – I always get them right the first time around. >>>





GQ: How does the world of fashion compare to being in a soapy? How have you found dealing with the public?

AS: I think I'm still learning to deal with the public that follows me now. The fashion public is different, and more sophisticated, more specialised. Now it is a broader public, and a public that expresses itself in a harsher way. There is nothing gentle about it, they either love you or they hate you. I'm trying to deal with it the best way I can and not take things personally, because this public sees my character and Ana Sofia as one and the same. The younger people are better at differentiating but every now and then they also surprise me.

GQ: You had to give up a lot to get to where you are now. Does sacrifice pay off?

As: I think everything that's happened was for a reason. Even so, there were moments when I thought to myself, 'Why is this happening to me?' But now I understand: it was to get to this point I'm at today, and here, talking to you.

GQ: Did you experience any prejudice when you entered the world of fashion?

As: On the contrary. I was very well received, especially by people I was used to seeing. For example, Ana Bola, Ana Zanatti, Catarina Avelar, Nicolau Breyner they're all people who I saw grow in that industry and they would compliment me, and send me text messages with words of encouragement. Even today I'm still stunned. The reactions were much more positive than negative. >>

'I was very well received. People who I saw grow in that industry would compliment me, and send me text messages with words of encouragement. Even today I'm still stunned. The reactions were positive'





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'I think everything that's happened was for a reason. Even so, there were moments when I thought to myself, 'Why is this happening to me?' But now I understand: it was to get to this point I'm at today, and here, talking to you'

GQ: You have a very healthy relationship with social media. How much of yourself do you reveal?

As: If you give the news yourself and inform people, you leave no space for certain magazines to make things up, even though I have a great relationship with the press. Of course you don't reveal what you don't want to be revealed. I see social media as the future.

GQ: You've had to start your career from scratch. What have you taken from that experience?

AS: I've already had to start from scratch so many times, in so many things. The advantage is the baggage we bring from before. A baggage I make a point of not erasing, so I can remember the mistakes that I don't want to make again. I've already had to start again from scratch professionally, financially, emotionally, and, every time I've done so, I've never had any certainty of anything. You don't know what's going to come out of it, what life has in store for you, but every time it has happened, life just got better for me. 🖸





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ARRIVING INSTYLE

Words by **Chris Heath**Photographs by **Peggy Sirota**

Breakout Hollywood star of 2015 **Michael B Jordan** tells GQ what success means to him

Stay cool (mostly)

early everything Michael B Jordan does – in public, in the media – is done pretty smoothly, as though there are few things he prioritises more than presenting an unruffled sheen and a dignified poise. But sometimes it's hard. We have arranged to meet for dinner at a well-regarded restaurant on Manhattan's Lower East Side, a place recommended to him by his manager. 'I'm a foodie,' he'll tell me, 'so wherever the good food is...'

I arrive first, and when I ask for the 'table-for-two for Jordan', I am instantly led there. Jordan arrives about 15 minutes later, and I can see him talking to the greeter. And standing there. And standing there some more, a kind of fixed expression on his face. He has to wait for a couple of minutes before, eventually, they lead him over. 'That's a whole other thing,' he says to me when I ask him what just happened, as if he's trying not to look as annoyed as he clearly is. As though he thinks whatever just took place fits all too neatly into a pattern that a successful black man has to endure as he traverses this world. >>



'Fuck, yeah, goddamn right I did,' he says. 'They made me wait outside for no reason. I'm from north New Jersey, bro. I come from nothing. I come from sleeping in the kitchen with my family with the oven open

to keep us warm during winter, you know? When you come from that background, all this extra stuff is just... extra stuff, you know? If somebody's not real with you, you can tell.'

'It's like, stereotypes of black-guys-alwaysdie-in-movies and all that shit. That didn't help any. My friends gave me a lot of shit about that. It's like the running joke with horror movies if the black guy's there, you know he's the first one gone'

Stay single (mostly)

ast week, Jordan bought his first house. He'll be living alone for the first time, apart from a few months solo when he first arrived in Los Angeles as a teenager. 'You know, you can't have a roommate forever,' Jordan says. 'I'm 28. You know, just coming into my own.'

If all goes to plan, Creed - a new resurrection of the Rocky franchise one generation on, with Jordan as Apollo Creed's son and Sylvester Stallone as his trainer - will only increase Iordan's public profile. This is something that he insists, for all his ambition, he's very uncomfortable with. 'I hate it,' he says. 'I'm a quiet guy. I'm very to myself. Don't like attention. I'm getting a lot more now. I'm extremely quiet, bro.' He echoes what he said earlier. 'All the extra shit is extra shit, you know.' And then, unbidden, he clarifies what he considers part of the extra shit. 'The females,' he says, 'they'll always be there. Like, honestly, bro, oh my God. Female-wise now? I ain't got to do too much work. And it's weird, because I'm the same guy. I haven't fucking changed, right? I haven't done anything different.' He pauses, reconsiders this. 'Okay, maybe a blockbuster film.'

I think that makes a difference. 'So crazy, isn't it?'

So how do girls, or women, fit into your life right now?

'Um, I try and be focused. I told myself at a young age that I would sacrifice all my twenties to my work. I'm 28. I've got a year and a half.'

And have you pretty much stuck to that?

'Yes.'

So you've never had serious... He interrupts me. 'No. No.' Is that a good thing?

'I don't know the answer to that. I'm pretty sure the women won't say that's good, but for me it's like I can't have any regrets and I have to know that I gave everything I had to making my family okay. At the end of the day that's all that matters to me is my family, bro. They're not good, I'm not good. My mid-thirties, I can live a little. And I'm so okay with that. I'm cool with that.'

I'm guessing you might have come across a girl or two who didn't agree with this agenda.

'A lot of females that didn't agree with this agenda.'

How does that go?

'It goes like it goes. They want what they want, I tell them what I want. It doesn't quite work out that well. That's why I'm by myself.'

Are you lonely?

'I'm not. I understand what females want and need, you know. I'm good at that. I don't know if I'm the guy to give it to them right now. Until I find something that's so undeniable that I can't help myself.'

Do you think you've ever been in love?

He pauses, then says, 'I've probably been in infatuation.'

That's kind of a no.

He nods. 'Kind of a no.'

That's not to say that his life is free of temporary distractions. The week before we meet he posted a picture of himself on vacation in Capri. He shows me more photos on his phone: living on a boat, shimmering blue sea, offshore rocks with holes in them that remind him of *The Goonies*. He's not the only person in some of the photos. There's also

someone he identifies as a girl from Milan. 'Just friends,' he says. 'Getting to know each other.'

Jordan was recently photographed leaving a Met Gala afterparty in New York at the same time as Kendall Jenner, and there was a brief ripple of stories wondering whether the two of them were dating, speculation which was dampened by 'sources' insisting that the photo was simply two people by chance leaving a party at the same time. Nevertheless, it stirred up a little online squall, with those who presented themselves as Jordan's fans almost universally hostile to the idea.

'It's the world we live in,' says Jordan. 'They see white and black. I don't. Kendall's a friend of mine, you know. I don't know her, like, that well, but I know her enough. People's perspective on that is what it is. I don't fucking know. I don't live my life to make other people happy. It's so weird, though, right? A lot of black fans were feeling like, "Oh, my God, he should have been with a black woman" and that whole thing. I get it, but on the other hand it's, like, relax. You know - it's 2015. It's okay! People can like one another, not necessarily from the same history or culture or whatever the fuck it is. It's just the new world, you know what I mean?'

'At the end of the day that's all that matters to me is my family, bro'

Stay alive (mostly)

s Jordan graduated from teenage roles in the best of modern episodic TV - The Wire, Friday Night Lights and began to get bigger and bigger movie roles, they all had one increasingly uncomfortable thing in common: Jordan always ended up dying. His principal film roles between 2007 and 2013 were as follows: Blackout, Red Tails, Chronicle, and Fruitvale Station. He survives in none of them. During the press tour for the film that followed, the semi-comedy That Awkward Moment, he would explain that one reason he took the role was that he didn't want to put his mother through another on-screen death. He'd joke about it, but it bothered him. ≫



'It's like, stereotypes of black-guys-always-diein-movies and all that shit. That didn't help any. My friends gave me a lot of shit about that. It was one of those things: "Stop dying in those movies, man." It's like the running joke with horror movies – if the black guy's there, you know he's the first one gone.'

That became a line drawn in the sand. 'I told [my agents] after *Fruitvale* [that] I'm not dying anymore – it's not happening,'

he says. 'I don't want people to get comfortable with seeing me die all the time.'

He knows perfectly well that it's a rule he'll have to break, sooner or later.

'Of course. But I had to establish a run of films that I win, and I am on top. I ain't dying in *Creed*. I'll tell you that right now – spoiler alert! Adonis does not die, okay? Then, yeah, later on, down the line... you know, I want to play Sam Cooke one day.'

ABOUT THESE CLOTHES

The rising big shot's guide to dressing all casual

First, get a good tailor You can't be a big shot without a go-to suit guy (and a jeweller). But a shirt and tie in Cape Town? Nah. A sporty pullover packs all the spiffiness, none of the stiffness.

Leave your sneakerhead days behind Gaudy limited-edition kicks might be cool for stunting on your friends, but they're also a sign of delayed adolescence. Maturity calls for minimalism.

Flex like a grown-up It's not who made your clothes. Or how much they cost. It's how perfectly they fit.

Learn this trick to the high-low mix To instantly bump your tailored sweats up to the big leagues, just pair them with dress shoes.

Give your jeans a vacation You've got your casual pants (denim, cargos, sweats) and you've got your dress pants (the kind that come with your suit). New idea: try wearing the latter as effortlessly and as often as the former.

Tip your hat to big shots past

A felt fedora and a knit polo? That's straight from the Sinatra-takes-Palm Springs playbook. (Make sure you've read that thing cover to cover.)



TV's differ in terms of features and specifications which ultimately impacts picture quality and price. Hisense has just released its Ultra LED (ULED) TV range, which includes ultra-high-definition models. ULED, an enhanced version of LED TV technology, divides the backlight into 240 independently controlled zones, which enhances contrast to create a more vivid colour experience. Its ultra-dimming technology enables it to render more detailed imagery. Hisense's ULED 2,0 technology can finally fulfil your desire for the best picture quality, colour and ultimate viewing experience.

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The year's finally over - you've earned some chill time. But in the event you're too mentally exhausted to think about how to enjoy your time out-of-office, fret not we've done it for you. Here's your insider's guide to a sophisticated, stress-free party season

IN ASSOCIATION WITH







HOW TO BE THE HOST WITH THE MOST

1 GET FIRED UP

We need to take back the word 'party.' A party isn't demanding that people dress up in black tie to watch the *Emmys* while guzzling cocktails with cutesy names like 'the Mad Men-hattan.' No, a party is loud and overflowing, just on the right side of drunken, and - here's the key part - fun. But before you go blasting out e-vites (ugh) or focus-grouping the right hashtag (ugh-er), we need to get a few things straight. This won't be a quaint get-together or four-course soirée. If you follow our advice, booze will flow. Meaty meat will be devoured. Strangers will make out. Booties will quake. And everybody in your place will have one hell of a good time - yourself included. And do not worry if some details escape you.

2 GET THE WORD OUT... LIKE A MAN

No Facebook events. No group text that will make everyone hate you. Definitely none of those 'I noticed you opened the email but did not RSVP' paperless post e-vites. You are a man, not the social chair of a sorority, and you will send out an email a few weeks in advance.

3. Prep like a party god

MAKE 'EM WALK

Set your bar on the opposite side of the room from the front door to get people in, so they don't create a bottleneck.

TURN DOWN THE LIGHTING

If you can't dim the overhead lights, dim a floor lamp and aim it at the ceiling. Then light candles. Everyone looks ten years younger.

ADIOS, EAMES LOUNGE

Stow big chairs with arms – which seat only one – and keep benches, ottomans, or even coffee tables for seating.

CLEAN LIKE YOU'RE NINE

You'd be amazed what can fit in a bathtub. Guests find it and laugh their asses off – it's not a negative.

ONE CLASSY JOINT

Light a candle, put out some mints, buy hotel-quality paper hand towels. People really notice the effort.



GOOD VIBES

BAD VIBES

BACKGROUND TV? TRY SOME OF THESE*

- black-and-white movie
- '90s music videos
- Seinfeld reruns
- vintage porno
- furry porno
- sports highlights
- The Wire, season 5
- The Miracle of Birth
- the news
- roaring-fireplace video loop
- photo slideshow of your sister's new baby

*It goes without saying, but: always mute

BRING THE NOISE

Don't rent a pro sound system, but a dinky iPhone dock isn't going to cut it. No, you need a Sonos system – speakers in every room that you can control wirelessly (and easily) from your phone.

Sonos PLAY:1 R2 800, sonos.com

PLAYLISTPOINTERS

1: BE A DJ DESPOT

It's important that the playlist is created by one person with a vision. This is your party. If Bryan wants to play his favourite Red Hot Chili Peppers record, he can do it at his own house party.

2: THINK FRESH

Take some risks with your playlist. In this single-track-download world that we live in today, people are way more familiar with new stuff than you think. A\$AP Rocky drops a new video and by the next day most people have probably already checked it out.

3: MAKE IT MOVE

A good playlist is a bell curve. You have the 'Everyone's getting here and it's chill' part, you have the 'Let's turn it up a notch' portion in the middle, and then the 'We're going to take this out to the roof at three in the morning' vibe. You start with the oldies to get loose, you peak with the new stuff in the middle, and then, when it's winding down, Ginuwine's 'Pony' is on.

4: WHEN IN DOUBT, FARM IT OUT

If you go to SoundCloud, you can download

mixes done by pros for free, ranging from Diplo-type dudes to a classic Kool DJ Red Alert old-school hip-hop mix to the four volumes I have with Nirvana and shit like that. You can at least grab an hour-long mix or two to get your playlist started.

5: DON'T BE AFRAID TO CALL FOR BACKUP

A New York club is open from ten to four in the morning. So that's your playlist-length benchmark. If you run short, pull from classic albums. You can put on Dr. Dre's *Chronic 2001*, start to finish. And everyone has a favourite disc in the three-CD Prince greatest-hits collection, you know?

THE WARM-UP ZONE

Biggie's 'Hypnotize', which transcends all demographics. It's just a feel-good track.

The hype moment

Something like Travis Porter's 'Bring It Back', which turns a living room into a strip club.

The cool-down

SBTRKT's 'Wildfire' is kind of a curveball, chill but not sleepy. Because once it hits 3am, everything needs to be sexy.

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Not for Sale to Persons Under the Age of 18.

6. GO BIG!

You must lead by example. Be the party. Resist the urge to tidy up. Don't go all Martha Stewart and ask anyone if they need a refill. Do roll a joint and pull a few people into the backyard. Trust that if you mingle, others will mingle; dance and they'll dance; drink and they'll get torn up.

ASSESS THE SITUATION: THE SIX PARTY GUESTS YOU'LL NEED TO DEAL WITH FIRMLY

GUY WHO'S WAY TOO WORRIED ABOUT EBOLA

Have you read that book The Hot Zone? He has.

GUY WHO'S WAITING FOR A CALL FROM HIS BOSS BEFORE HE CAN REALLY LET LOOSE

'Yes! Shots! Totally!' Just give him one sec.

THOSE TWO

You can tell they care deeply for each other because they're currently making a baby on your sofa.

TV-OBSESSED GUY WHO KEEPS SAYING 'SPOILER ALERT'

He doesn't know if you saw last week's episode, but - spoiler alert - you'll want to punch his throat.

GUY WHO ALWAYS GOES THERE

He's not saying what AKA did was right, but...

GUY WHO WAS BORN WITHOUT A PERSONALITY

'Yeah, so this is Jeff from work. He's just moved to the city and... HE'S LOOKING SOMEWHERE ELSE! RUN!'

8. Know how to shut it down

Some people don't get the hint. Here's what you do: you take that ice bucket from the cocktail bar and dump it into the sink. Loudly. It's a jarring, unmistakable noise, and the leftovers stumbling around your place should take notice. And if they're still oblivious, announce that the afterparty is now starting at your local bar, then walk everyone over – and Irish goodbye the moment they aim their blurry vision at the bartender.



Lead by example. If you mingle, others will mingle





Not for Sale to Persons Under the Age of 18.



SUMMER OF COOL

Not committed to the morning-after clean up? Book a spot at some of the freshest diners in SA

Cape Town

RUA

Wembley Square's hottest new eatery is a fusion of Spanish and Moroccan decor that hosts a menu that lends itself to sharing and multiple orders. Tapas and flat breads complement their tapped beer selection in a way that flags the restaurant as a perfect after-work drinks venue or meeting point for the sports game. Go for the crispy calamari or rib-eye steak strips to truly experience chef and co-founder Zain Muller's flavour chops. Wembley Square, Roodehoek Street.



LUCKY BAO

The new eight-seater Asian street-food bar in Hout Bay is too cool for summer. Lucky Bao, at the foot of Chapman's Peak Drive, is Cheyne Morrisby's latest, and, like Cheyne's next door, it is a bridge between Japanese and Chinese flavours. Diners get a front-row seat to the chef and kitchen, with speedy over-the-bar counter service. The primary offerings are bao, yakitori, sides and shakes. Ramen is the latest introduction to the menu. Order the roasted sticky duck bao with sesame jam, and finish with a coconut cream, banana and matcha shake. For something more exclusive you can book the entire space for a six-course, wine-pairing dinner.

1 Pam Arlene Place, Hout Bay. 079-067-4919





JUNIOR BURGER

Serial restaurateur siblings Hugo and Sascha Berolsky (of El Burro and Royale Eatery) have opened Junior Burger on Kloof Nek corner, Cape Town's fastest-growing food hotspot. With fast casual burger options seriously lacking in the Mother City, Junior offers a clean-cut menu of fast fare that might not be a weight watcher's dream, but is tasty as hell, fresh and free from all the rubbish that goes into making your 2am MacDonald's run seem so good.

12 Kloof Nek Road, Tamboerskloof.

12 Kloof Nek Road, Tamboerskloof. 021-422-2968

GIULIO'S CAFÉ

Giulio Loreggian, who spent time working under Jamie Oliver, has opened up a new bistro set to catch the attention of long-established bakeries and restaurants in the CBD. With cooler-than-your-pad decor courtesy of Chandler House, Giulio's Mediterranean menu will have you frothing for the freshly baked croissants, American pancakes and Deluxe coffee from 7am onwards, while lunchtime burger and Panino lovers can get their taste buds thoroughly basted by any one of the flavour-pumped dishes.

16 Loop Street, Cape Town. 021-418-6304



Not for Sale to Persons Under the Age of 18.



Jo'burg

Dakota Lee is one of the newer and edgier establishments to open up in the more conservative enclave of Kramerville, Sandton. But despite the kooky institution known as Katy's Palace situated just down the road, Dakota Lee is nothing of a rival. It's a tattoo parlour/rockabilly bar with a completely different feel and aesthetic. But don't be so quick to judge; it bares no comparison to your stereotypical ink sink. Located on the second floor of a newly refurbished warehouse, it is bright and light with an elegant and well-stocked bar along the back wall. Overseen by an impressive bull-skull (and owner's pride and joy), the slogan 'let's be different together' is painted on the shiny brass floor and makes one question whether they've just walked into a tattoo shop.

Having travelled extensively around the world, founder Ryan Lee saw a niche in the South African market to create a more welcoming tattoo parlour come bar, 'Whenever I get tattooed I always end up drinking to get through it so I thought to myself, why don't any of the tattoo shops have bars?' Not only catering to those with a lower pain threshold, it is an inviting and contemporary space designed by Tristan Du Plessis at Studio A. As Ryan notes, 'Tattoos are expensive and permanent. If you're going get one, it is much nicer to get one done in a welcoming environment.'

Despite the owners comparing it to a speakeasy, there's nothing dark and dingy about the joint. It's overground and there's no lingering smell of stale booze. The buzz of the needle is surpassed by the flow of rock anthems. Friends hangout on the terrace and bands play on the weekend, bringing an edge to the neighbourhood. 'Kramerville is on the cusp of becoming a Parkhurst; it's getting a really cool vibe,' Ryan says.

14 Appel Road, Kramerville. 011-056-9069

THE COUNTESS

Steampunk-themed The Countess is a visually stunning space, with its triple-volume, double-story area coated in Prussian blue tones and accented by copper piping and accents. The food includes items such as truffle mac and cheese or pot de crème with maple syrup and black lava salt. When it comes to drinks, the sky is the limit with next-level creativity and customisation from barman Julian Short.

27 Boxes, 75 3rd Avenue, Melville. 011-482-7361



THE NATIONAL

You can't step into the city, let alone the province without hearing tales of Coobs, the evergreen Parkhurst bistro that is almost as loved as Jo'burg's jacarandas in bloom. The National is chef James Diack's second institution after Coobs, serving up slightly more rustic food, sourced from his family farm and other suppliers with a passion for provenance, with the end results including paella, pulled-pork buns and other tasty-asever dishes.

19 4th Avenue, Parktown North. 011-327-3030



THE GOOD LUCK BAR

Newtown is going through an explosion of new restaurants and bars, but a solid menu and impressive drinks are seldom seen together, here or anywhere in the city for that matter, until The Good Luck Bar opened. With four co-founders bringing various background together, the resulting space has been a honey pot for hipsters, set in a historic warehouse and serving up insanely good food and drinks. You're going to want to bring big groups and clear your schedule.

14 Alexander Street, Ferreirastown.

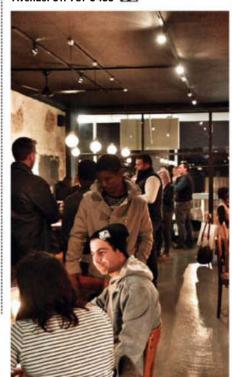
ACE +PEARL

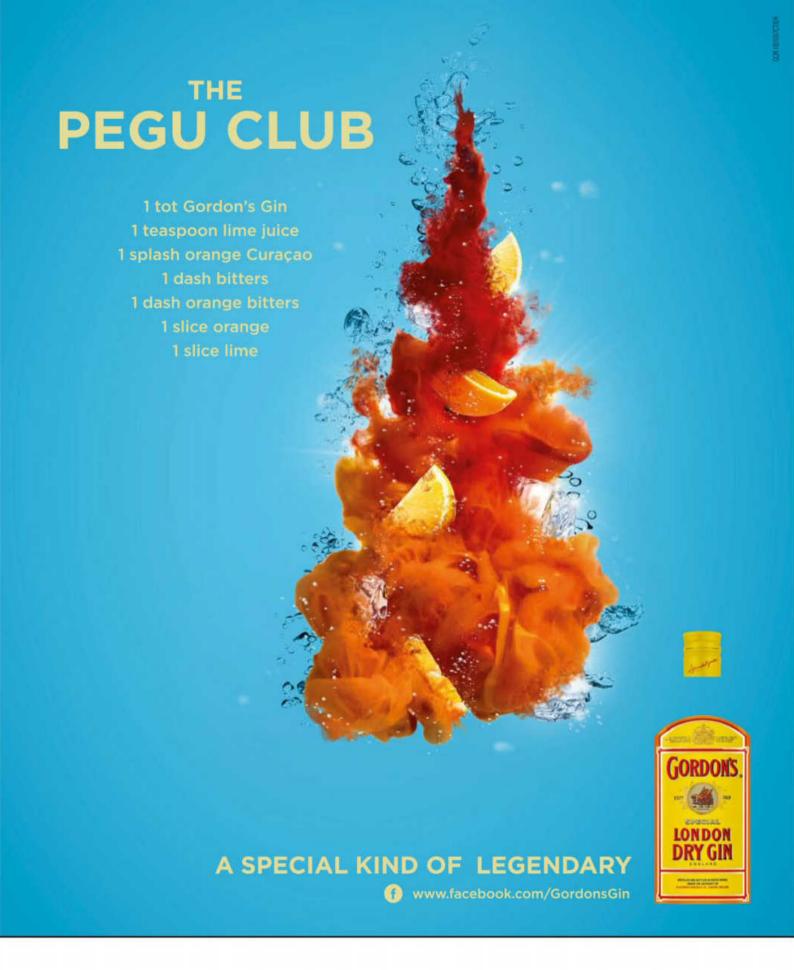
Craighall Park's new addition is saving Jo'burg from its wine-bar drought.

Neighbouring Warm & Glad, and under the same ownership, the raw material and industrial design of the space is warmed by good music and the rumble of every interesting conversation around you.

Stocking boutique and small-batch wines that you've likely never heard of, the staff will give you and your date plenty to talk about with their knowledge. The Ace Grilled Cheese and kudu terrine are but two of the delicious menu items you can't leave without trying.

Shop 8, Albans Square, 357 Jan Smuts Avenue. 011-781-0455





Not for Sale to Persons Under the Age of 18.





ZENITH EL PRIMERO SPORT

Summer is the time to be outdoors, and this El Primero Sport watch investment from Zenith is our pick.

R150 000, zenith.co.za

Your guide to the best of the good stuff

he holiday season. It's the time to leave the office behind, book a vacation and start wondering what to do with the rest of that Christmas bonus. Part and parcel of the end-of-year tradition is the gift of giving to the people you love, like and tolerate (in that order), a cultural practice that comes with as much panic as it does reward.

Don't fret – we've taken out the stress of finding the perfect gifts (from the cheap and cheerful to, let's face it, the Apple Watch) for each and every occasion. Here's GQ's Guide to perfect holiday gifting.



SEXY SOCKS

Look, receiving socks is inescapable every Christmas, but when it comes to giving them you can do it properly. Bright colours, strong designs and bamboo fibres set Sexy Socks apart, and with every pair purchased, the brand makes sure a child in a township school has warm feet too by donating a pair.

R139, sexysockssa.com





LEADING BY SIR ALEX FERGUSON

Sir Alex Ferguson's latest book, billed as 'an inspirational guide to great leadership', is filled with juicy reveals about the Man United manager's 26-year, trophy-laden reign. Not quite a business management guide or an orthodox football memoir, the details and observations about Ferguson's life are the most arresting. Meaty holiday reading.

R644, exclusives.co.za

PERSOL TYPEWRITER EDITION

The perfect specs for the transcended hipster, Persol's Typewriter Edition frames feature a laser-cut metal bridge and rivets bearing old typewriter keys for an artisanal touch.

R3 290, luxottica.co.za



DOLCE & GABBANA THE ONE

The reason we'd back The One EDP as a perfect gift is because it is such an iconic number, that it should really be in any man's collection. The elegant blend of vibrant top notes with warming spices and woods settles into an unmistakably attractive and high-quality scent. **50ml R1 220**



Treat the guy or girl in your life to the most rewarding single malt from Macallan. Less than one per cent of the distillery's casks make the grade for The Macallan Rare Cask, making it a very special something for someone with a serious palate.

R2999, themacallan.com



ADIDAS ORIGINALS SUPERSTAR 80S METALLIC GOLD

It's like Adidas Originals already knows your friend who likes to make a statement. The Three Stripe's classic silhouette returns in an all-metallic gold leather build that includes the signature shell toe to make sure you get noticed.

R2 199, shelflife.co.za





NUTRIBULLET

Here is the perfect gift for your health-conscious friend always sucking down a smoothie. The NutriBullet breaks down raw fruit, vegetables and seeds into their most absorptive state, courtesy of a 600W motor, blade design and cyclonic action. Get creative with your combos, or download the free NutriLiving Recipes apps (on Apple and Android).

R1995, nutribullet.com



PUMA ESKIVA CHAMPIONS

Referencing Puma's athletic roots and the original 1970s silhouette, this sneaker is comfortable, flattering and carries some serious weight. Add to that its soft leather upper and hassle-free lacing system in a variety of colour combos – classy black and white to flashy metallics – and you've got a knockout street-style champion.



SAMSUNG R6 WIRELESS 360 MULTIROOM SPEAKER

Hosting a party? Samsung's portable wireless speakers banish the problem of the sweet spot by delivering crisp and clear sound wherever you are in the room. And if you're into the specs, these boast impressive high-tech mastery.

R5 000, samsung.com/za



GIORGIO ARMANI, BY GIORGIO ARMANI

If you want to find the literature on how to look good, go no further than taking a leaf out of Giorgio Armani's self-titled book. With personal notes from the designer himself, it's a publication that explores the milestones of Armani's career, beginning with his first collection in 1975.

R1 346, amazon.com



GOPRO HERO 4 SESSION

Adventure junkies, rejoice – the new king of GoPro has officially arrived. The Hero 4 Session is both smaller and lighter than the previous models, and boasts an eight megapixel camera that is capable of recording 1440 p Ultra Wide videos. It's waterproof, scratch proof and absolutely boredom proof. **R5 895**



PARROT BEBOP DRONE & SKY CONTROLLER KIT

Like a tiny yellow submarine for the air, the Parrot Bebop Drone is the perfect gift for a mate who's looking to capture holiday memories from the sky or spy on the nosey neighbours.

R14 995, mantality.co.za



HOVERBOARD

This one-wheeled scooter board is the next best thing to the impossible-to-buy Lexus offering seen on these pages recently. Equipped with on-board lighting, speakers, a ground-detecting sonar to keep the board parallel to the changing ground and LCD displays for active parameter monitoring while riding, this is the ultimate toy for the friend who doesn't need to grow up. Skateboarding? Pft! Surfing? Old news! Let's hover. **R42 675, hoverboard.com**

APPLE WATCH

If you're going to splash out on someone special, do it in stainless-steel Cupertino style. Match your wrist to your iPhone, and go for the sporty, colourful rubber strap, or something more classic in leather or chain.

From R5 899, apple.com/za



NESPRESSO PIXIE CLIPS MACHINE

With interchangable side panels letting you play up your own design aesthetic, Nespresso's Pixie Clip espresso machine is the easiest way to make the most stylish cup of coffee in the morning.

From R2 150, buynespresso.com/za



HOME DELIVERIES

Get the gifts that keep on giving with these monthly drinks subscription services

League of Beers

Sign up for a Monthly Mixed Case, curated to a theme and delivered for free, and never go thirsty again.

league of beers.com

Wine of the Month Club

Mix and match a selection of up to 12 bottles of fine wines, enter the lucky recipients details and wait for them to invite you over for a glass (or three).

wineofthemonth.co.za



FUJIFILM INSTAX SP-1 SHARE PRINTER

Your selfie-obsessed younger sister will almost definitely tag you when she posts a printout of her favourite snaps thanks to the Instax SP-1 Share. It's a follow-forfollow, like-for-like, win-win situation. R2 089, takealot.com



LOUIS VUITTON MARCO WALLET

Compact enough for the pocket, but large enough to make a statement, you can't go wrong with Louis Vuitton's signature print and colours on the most manly of accessories.

R6 982, louisvuitton.com



SKULL CANDY HESH 2 WIRELESS HEADPHONES

Free yourself from the tyranny of cables with Skullcandy's latest Bluetooth offering. With on-board controls and a rechargeable battery, the Hesh 2 Wireless headphones let you move freely with your playlist. Of course, sound quality is most important, and these headphones deliver powerful bass, natural vocals and clean highs.

R999, superbalist.com





BOSCHENDAL GRANDE CUVÉE BRUT

For the boss, the wife, the friend or the colleague – what better way to enjoy an end-of-year party than with this classic Cap Classique? **R265**

THE GOOD AND THE BAD OF HOLIDAY GIFTING

DO

- Keep gift receipts. Everyone returns gifts. Don't worry – it's (ironically) nothing personal.
- Buy gifts ahead of time. But we know you're going to leave it to the last minute anyway, so when you do, try to avoid busy malls. On that note...
- Embrace online shopping. Any millenial at the office will tell you it's the future.

DON'T

- Spend your entire pay cheque on the girl who won't answer your WhatsApps. It's never going to happen.
- Skimp on price if your office is doing a Secret Santa. When one of your colleagues puts your 'well-thought-out' shot glass next to his shiny new fountain pen, your guilty look will give you away.

Gentlemen Only

Masculine. Powerful. Sophisticated.
Introducing the Browns Signet Collection,
how a man should wear a diamond.



BROWNS
THE DIAMOND STORE





For **Buzz Aldrin**, the dark side of the moon was getting adjusted to life on Earth. Now the rocket scientist-inventor is on another mission. It's called: 'Get your ass to Mars'

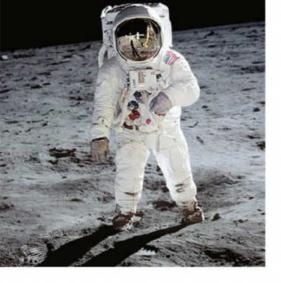
Words by Jeanne-Marie Laskas



e was a war-hero fighter pilot; he was an MIT rocket scientist. And then Buzz Aldrin went to the moon, which is perhaps all you know about one of the most famous men on earth – a guy who's been frozen, like a footprint in lunar dust, for 45 years now. No matter their age, gender, politics or nationality, every person has the same reaction to him: Holy crap, Buzz Aldrin, you went to the moon! How was... the moon?

'Magnificent desolation' were his words when he climbed down that ladder and first stood on the moon. But the thing about Aldrin is that he still wants much more than that.

So how was it? The moon! That lunar glow hanging right there, night after night. I have no further questions.



Far left: Buzz Aldrin's status as the second man on the moon has both defined and haunted him. Left: Liftoff of the Apollo 11 mission and the start of a three-day trip to reach the moon

Aldrin is sitting at my table in a dark and crowded restaurant. He's wearing a lapel pin of his famous moon footprint in miniature, cast in pewter, and a tie with pictures of planets all over it. He's wearing bracelets with beads; turquoise on one wrist and a string of translucent alien faces on the other. He's 85 now. He went to the moon when he was 39.

'And all of a sudden here's a rocket,' he's saying, his voice low, as he tries to make plain what landing on the moon can do to a man's life. 'And you're gonna get on top of it and go somewhere. People are interested. People want to be able to put down in writing something about how you were feeling.' He gesticulates when he talks, the bracelets clattering. 'Look, we didn't know what we were feeling. We weren't feeling.'

The distance between you and him is a chasm. Imagine how he feels about that. He doesn't know how he feels. He's been feeling this way ever since he fell out of the sky in July 1969, splashed into the Pacific in an airtight capsule with his Apollo 11 crewmates Neil Armstrong and Michael Collins. He's a museum piece, a mascot – for Team Universe.

Aldrin talks in long paragraphs about rocket science. Orbits and going to Mars and the 'Aldrin Mars Cycler'. He holds three patents for things like a modular space station; he started a foundation devoted to advancing space education. He's a relic of the 20th century, a snapshot of human achievement, living in my life span. He's a picture in every history book in every country, and every single human being who even thinks about him has the same question: what

Women like to reach out and touch Aldrin. It's some kind of natural human reaction to the man who walked on the moon.

did it feel like to go to the moon? He came back burdened, by what he did, and what he didn't do. Significantly so. Suicidal. His grandfather put a bullet through the brain. His mom swallowed pills. Moon or no moon, it's in his blood. 'There was some genetic association,' he says. 'My grandfather had committed suicide, and then my mother did right before we went to the moon.'

Abruptly he switches subjects, talks rockets and boosters. His comfort zone. 'Now Obama says he wants to send a human to an asteroid. Why would he say that? I'll tell you why. To satisfy the public. To show progress. But that's not going to the moon. That's not going to Mars. That's playing around with a Mickey Mouse rock. I'm the creator of a way to get to Mars.'

He takes a sip of his soda. He hasn't had a drink in 36 years. His shoulders are open and relaxed, his round, blue eyes are busy and alert. 'My mind might wander a little bit,' he says, surveying the room. 'T'm on the scout for cute-looking ladies, being divorced a couple of years now.'

'The melancholy of all things done' is the way Aldrin described his complete mental breakdown after returning from the moon.

Booze. A couple of divorces. A psych ward. Broke. At one point he was selling cars. Neither Armstrong nor Collins had a mental breakdown after returning from the moon.

Armstrong was the first man to walk on the moon. He would go on to retire from space with dignity. He became an academic, and then a businessman, honourably testifying before US Congress about space exploration, and turning down just about every media request coming his way, and biography offers. He sued Hallmark for using his name and a recording of his 'one small step' quote for a Christmas ornament.

Aldrin was the second man to walk on the moon. He made a rap video, 'Rocket Experience', with Snoop Dogg. He was eliminated in the second round of Season 10 of Dancing with the Stars. He has appeared on WWE Monday Night Raw, The Price is Right, 30 Rock, The Big Bang Theory, The Simpsons, Futurama, Top Chef and many more shows and movies as himself. He has written eight books, mostly about

his own exploits in space, including four memoirs, two science fiction and a children's book. He sells 'Get your ass to Mars' T-shirts on his website, along with \$600 Buzz Aldrin 'First Step' autographed lithographs.

When Armstrong died in 2012, the White House issued a statement saying he was 'among the greatest of American heroes – not just of his time, but of all time'. Aldrin had a hard time getting anyone at the White House to answer

his calls about organising an event to commemorate the 45th anniversary of his moon walk.

e drives a zippy red BMW M3 with the roof open to the California sun. He wears a blue NASA cap with red flames on the sides. He speeds down LA's 405, zigzagging >>>

'The melancholy of all things done' is the way Aldrin described his complete mental breakdown after returning from the moon.

like a fighter pilot, which he once was, in the cockpit of an F-86 Sabre in Korea. At the end of the exit ramp, he exhales. 'Pretty good instrumentation. 'It says 50 miles until I run out of gas. That would have been handy to have in an airplane,' he says. He demonstrates the paddle shift. 'I could recommend some modifications.'

He is a man who studies and invents. He got the nickname Buzz when he was a kid, from his sister who called him Buzzer because she couldn't say 'brother'. There was already one Edwin in the family, and that was his dad. The family lived in Montclair, New Jersey, and his mother's maiden name was Moon, and yes, he knows how crazy that is. The melancholy ran in the Moon side of the family. His dad, a career military man and early aviation man, cast a long shadow. His dad knew one of the Wright brothers and Amelia Earhart, and took a transatlantic flight on the Hindenburg before it blew up. Aldrin was the youngest, the only boy, small, shy, awkward and sensitive. His father wanted him to be brave and brilliant. So Aldrin drove himself to be a West Point military academy, fighter pilot, decorated war hero.

After Korea, Aldrin came home and got a doctorate in rocket science from MIT. He was invited to join NASA, to go up in a rocket ship – the first time in 1966 in Gemini 12 when he went out of the ship, and floated out in space to find out how long a human could survive – the longest space walk ever attempted. Aldrin calculated ways to avoid wasted muscle energy by applying his scuba-diving training. He beat the record handily, staying outside the capsule for two hours and 29 minutes – and he went out twice more.

Then came Apollo 11, and his walk on the moon.

'The second man to walk on the moon?' his father said. 'Number two?'

After his trip to the moon, Aldrin cracked up. There was nothing left to do. The media frenzy was worldwide: 24 countries in 45 days – and that was just the beginning. NASA had no further use for him in space; now he was supposed to be some kind of NASA PR flack. He resigned from NASA in 1971 and returned to the Air Force. But the Air Force didn't know what to do with someone who had been to the moon. He drank a lot. His marriage to the mother of his three children fell apart, and he retired from the Air Force. He went to rehab. He got married again,

but that lasted a year. He drank a lot more, fell in love a lot more. His Air Force pension wasn't much. That was when he started working at a Cadillac dealership, but he wasn't much of a salesman. Rehab was the first time he ever really talked about feelings. It turned out he had so many feelings. An emptiness so deep. He discovered the melancholy of all things done. He was in his forties, a conqueror with nothing left to conquer but his own demons.

His father never accepted that Aldrin was not number one, and waged an unsuccessful one-man campaign to get the US Postal Service to change its Armstrong 'First Man on the Moon' stamp to one that said 'First Men on the Moon' so it could include Aldrin. As for

Aldrin's breakdown, his depression and alcoholism, his father never accepted those either. Or if he did, he blamed the moon, the absence of gravity, the unknown properties of space. The moon must have ruined Aldrin.

Aldrin turns the car into the parking lot of his apartment building, coming to a stop. Christina Korp, his manager and 'mission control director', comes out to meet him. She used

to work for musician John Tesh and before that was a backup singer for Ringo Starr. Aldrin has had three wives, and after the last one, Lois, things were a mess. Korp now acts as a bouncer for all the gold diggers trying to pry themselves into *chez* Aldrin.

Korp accompanies Aldrin on his appearances and stands in the back waving her arms, telling him to stay on topic or wrap it up. 'Okay, Buzz, come on up,' Korp says. 'Rob figured out a way to shorten the presentation.'

'I don't want it shorter,' he says. 'They're only giving you 30 minutes, Buzz,' she replies. 'Well, don't rearrange my slides,' he says.

'We had to rearrange the slides, Buzz,' she says.

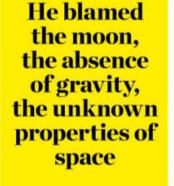
Upstairs in the apartment, Rob, his personal assistant, is rearranging the slides. It's a modest home with a sprawling view of West LA, decorated with Aldrin memorabilia. A coffee table book, *Marketing the Moon*, lies on top of a glass case displaying some of Aldrin's medals and a signed photograph of him, Armstrong and Collins. Aldrin had a much fancier apartment when he was married to Lois but now she has that one and she also has a lot of Aldrin's moon stuff.

Lois was supposed to be the one. She propped Aldrin up after rehab in

> the late 1980s. 'The fuel of love was pretty much sending Lois and me into the stratosphere.' he writes in 'Every Superman Needs His Lois', one of many chapters devoted to his ex-wife in one of his books. 'Lois took me on as her challenge to rebuild my sense of self. Whenever I got down on myself, she wrote more notes to me, page after page, telling me how brilliant, attractive and innovative I was...

she sat close to me and read her notes aloud.'

The couple married in 1988. Aldrin had his three grown children from his first marriage, and Lois had two. She was a banker's daughter, worth millions. Aldrin was never a big-money guy. He was a pay-the-bills-on-time guy. With Lois' money they were living the high life, but all of that disappeared in 1989 with the collapse of the savings and loan industry. For the first time in her life she had to figure out how to make money, and the most obvious thing to sell was Aldrin himself. 'My petite little platinum-blonde beauty





of a wife suddenly turned into a public-relations dynamo,' Aldrin would later write proudly of his wife. "The business is Buzz!" she proclaimed, and indeed so it became.'

He went on every talk show imaginable – all over the world. She turned down virtually nothing. He made none of the choices. He imagined himself promoting space, doing something good for the world. He did what Lois told him to do, and now they were raking in millions: endorsement deals with Louis Vuitton, Tommy Hilfiger, Apple, Grundig, Nike.

Idrin emerges from the kitchen with a bowl of berries and a protein shake in his *Dancing with the Stars* souvenir mug. He sits with Rob and Korp and tries to persuade them to undo the way they've rearranged the slides for this afternoon's keynote speech, 'Buzz Aldrin's Unified Space Vision', at the International Space Development Conference in LA.

Aldrin: 'Okay, now look. This is wrong. And this, which is wrong. It shows too much of the solar dynamic. It doesn't make the point. And we want the node to clearly show. And the two halves. So it will cement in their minds.'

Korp: 'I know that's logical in your mind, but Buzz, you won't have time for all of this. It's a 30-minute speech.'

When Korp came along, it was to help with the business. She'd answered an ad in the Hollywood Reporter, and it was just a job. One day Aldrin asked Korp to look into his bank accounts because Lois was bragging about all the money they were making, but he wasn't seeing it. Aldrin wanted to help his son Mike. He didn't understand the problem, but he never turned his back on Mike and neither did his other children, Andy and Janice. Aldrin wanted money to help Mike, and Lois kept saying they didn't have any. 'Yet somehow I'm paying her kid's salary?' Aldrin groused to Korp, who suggested he ask his accountants for a look at his bank accounts. Lois fired Korp in 2011, kicked Aldrin out and changed all the locks on the doors.

Aldrin rehired Korp, and together with his kids he's been rebuilding his life. Women keep swooping in, telling Aldrin how handsome he is, and he gets enamoured, but Korp keeps her head. Like everyone else in the world, women like to reach out and touch Aldrin. It's some kind of natural human reaction to the man who walked on the moon.



The New York City ticker-tape parade celebrating Buzz (centre) and his crewmates after their return to Earth

Perhaps it's like touching the moon itself. And he's a cute old man, kind of wacky, thoroughly accessible – it seems okay to walk up and hug him. And when pretty women do that, well, Aldrin takes it personally. He takes it seriously. He falls in love easily.

mostly science-fiction types, a smattering of elderly engineers, kids with school projects. All weekend long, speakers extol the promise of 'building a spacefaring civilisation', and the crowd cheers, revival-meeting style. It's an aching for a day when space was cool;

Forward momentum is the antidote to madness. He learnt that a long time ago.

Korp is his shield. She wants him to slow down, to stop with the ladies, to stop feeling like he has to fly to friggin' Dubai to give a speech, but she knows he's incapable of stopping either. Forward momentum is the antidote to madness. He learnt that a long time ago.

t the conference, fans are circling. A middle-aged man in a tight Star Trek shirt waits for Aldrin. A former girlfriend of Aldrin's brazenly goes in for a hug. Two girls in sexy space suits have given up waiting for him; they position themselves with Aldrin in the background and snap selfies. The crowd in the ballroom is

when people wanted to go there -not a couple of billionaires on a joy ride.

It's hard to even remember when human spaceflight was part of pop culture. If there's an appetite to return to the moon, or push on to Mars, it's not in the 21st century vernacular. NASA retired the Space Shuttle programme in 2011. The Constellation Program to get back to the moon by 2020 – a Bushadministration plan – was cancelled. In 2010, Obama called for missions that go beyond low Earth orbit, including the asteroid mission by 2025 and a manned mission to Mars before 2040. 'Our goal is no longer just a destination to reach,' Obama said. 'Our goal is the capacity »



Neil Armstrong (left) and Buzz Aldrin (right) in Houston, weeks before their lunar journey in July 1969

for people to work and learn, and operate and live safely beyond the earth for extended periods of time.' But an entire presidential term and a half has gone by with virtually no further mention of putting a man on Mars.

The inaction, the lack of motivation, is what bothers Aldrin. Let's go to Mars! To him it's as primal as scuba diving, his only hobby besides space – and women. The Unified Space Vision is Aldrin's plan to get human beings to Mars by 2032. And he's at the conference to tell the crowd all about it, sitting at the fold-up table with his PowerPoint, still arguing with Korp about the slides.

The guy at the podium says Aldrin needs no introduction. The crowd cheers stadium-loud as he takes the stage. He waves. He beams. He's charming and quirky. They present him with a thank-you gift, a pewter moon trophy, and when he takes it he looks out into the audience and calls: 'Christina, don't I already have one of these?' (Yes, Lois has it.)

He tells the crowd why we should go to Mars, and for a while you can follow.

But not for long. He shows the slides, and they're not helping much. About 20 minutes in, Korp starts her hand motions to wrap it up. It would be easier if he just had a canned presentation, a little go,' he says to the crowd. 'Um, remember to follow me on Twitter @TheRealBuzz.' The applause is all generosity and relief. And then people rush to him for autographs, selfies

The inaction is what bothers Aldrin. Let's go to Mars! To him it's as primal as scuba diving

motivational speaking for the people, dream the impossible dream, reach for the stars – normal hero stuff. But that is not Aldrin. He is a man of science. He has important space concepts to share, beseeching mankind to understand. He's delivering the speech he would to serious space-minded politicians 30 years ago, but now the audience is Trekkies and *Star Wars* hobbyists.

Forty-five minutes in, Korp is up at the stage. 'Christina tells me I have to

or just to reach out and touch him. So why, anyway, was Aldrin second? Why didn't he get to be the first man to walk on the moon? A likely explanation is that Aldrin was supposed to be the first to walk on the moon. That's how they practised it, because that's how NASA did things: the commander drove and the pilot did the space walk. Armstrong was the commander and so naturally he would stay in the driver's seat while Aldrin, the pilot, opened the >>>

THE KING OF THE NÜRBURGRING.



The new Type R is the most extreme and high-performing Type R ever built. At 0-100km/h in 5.7 seconds, it's the fastest accelerating front-wheel drive hatchback around. With a 270km/h top speed that helped it set a class record lap time of 7 minutes and 50 seconds around the iconic Nürburgring track, the Type R has quickly become the king.





When it comes to Mars, Aldrin knows what he's talking about

Orbital mechanics - the beautiful science of how artificial objects move through space - was his thing at MIT. Think about hitting a golf ball off the rim of a hole. The ball zooms around the rim, then quickly glances off in another direction. There's an equation

that explains that. Similarly, when a spacecraft approaches a planet, it can zip around the planet and fling off in another direction. There are equations to explain that gravitational slingshot, too. It's how we've sent probes to Saturn, Venus and Mars, and Aldrin had a lot to do with it. His MIT doctoral thesis was an orbital mechanics love fest that NASA incorporated into its standard operating procedures.

Then, in 1985, Aldrin proposed a beautiful equation to the scientific community that showed how we could slingshot our way to Mars, as if on a highway, except you don't need much fuel because you're flinging in and out of orbits. Scientists calculated and confirmed it. Aldrin called it the Aldrin Cycler. He has equations and slides to explain all this. He's an equation man who feels an obligation to be a man of the people, too. A translator. A space science ambassador who will get people excited about these concepts, get people to commit resources to get people to Mars.

Why was Aldrin second? Why didn't he get to be the first man to walk on the moon? A likely explanation is that Aldrin was supposed to be the first. That's how they practised it.

hatch and got out. But there was a hitch in the plan: the hatch itself. It was in front of the astronauts, on the floor. It hinged inward, so you had to pull it open. The hinges were on Aldrin's side, so it swung towards him, blocking him. Armstrong had the clear path out. And no, they couldn't trade positions; the lunar module was about the size of a pup tent. Once Armstrong was out, Aldrin had to close the hatch, move over to Armstrong's side, and then reopen it to get out.

A half-billion people watched the two walk on the moon, the world's largest television audience in history. Aldrin always figured that the frenzied media attention – which started long before blastoff – sent his mom over the edge. She had long been suffering from depression, and lived in seclusion. She had tried with pills before. This time the pills worked.

What did it feel like to go to the moon? 'It felt like my mom just killed herself.'

orp has determined that Judy, Aldrin's current girlfriend, is a winner - Aldrin is an old man and needs someone to take care of him. Like any old man, he has his good days and his bad. The day an Al Jazeera film crew comes to do an interview, he's on his game. The interviewer talks about the Eagle, a replica of which is on display at the Smithsonian National Air and Space Museum in Washington DC. 'Do you ever look at it now, do you ever stand back and say: "This is such a fragile thing, it looks like a little box covered in tinfoil?"' He looks at them, and they lean in, all anticipation.

'No,' he says.The distance between him and these people is a chasm.

'I understood the construction of it,' he says. 'It's got landing gear. It's got struts that compress. It's got probes that hang down. It was a marvel of engineering.'

'What were your emotions as you walked on the surface of the moon?'

'Fighter pilots don't have emotions.'

'But you're human!'

'We had ice in our veins.'

'Was there a feeling of awe and majesty?'

'There wasn't any time to do that, really.'

The producer has her head in her hands. The on-air talent looks at his notes.

'Do you look upon the moon at night? What do you think about when you gaze upon the moon?'

'Not a whole lot.'

The producer stands up. 'Why don't we stop here...'

'I am trying!' says the on-air talent. Aldrin is so tired of nearly a half century of the same questions about feelings that leave him feeling inadequate. He is a man of science. Next time NASA should send up a poet, he wrote in one of his books, a philosopher, an artist, a journalist. He wasn't being flip. He thought mankind clearly needed to send up people who know how to translate feelings.

'Returning to Earth, that was the challenging part,' he says. That was and remains the insane part. He fulfilled a goal for humanity and then humanity required only that he remain its proud symbol. Adored, obsolete, stuck in time. He's old. His mind is slipping. He has so little time. He has ideas for watches and BMW instrument panels, optical lens housings and missions to Mars. There's so much left to do.



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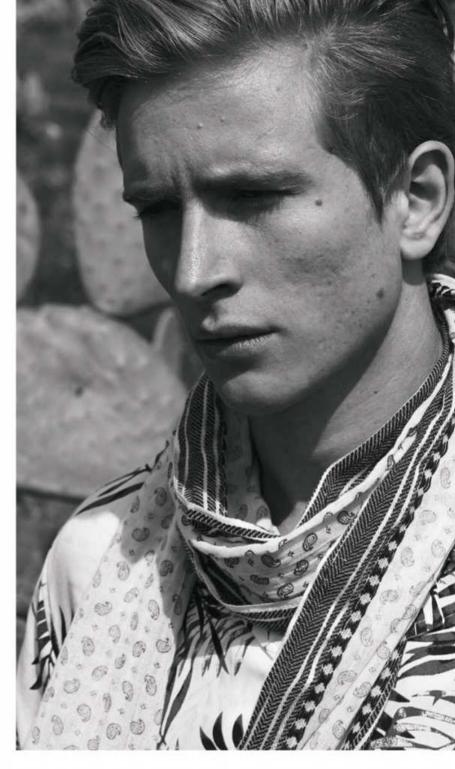












Above: Woolworths shirt R350. Zara Man scarf R299

Right: Scotch & Soda shirt R1 499. Woolworths swim shorts R199. Ray-Ban at Luxottica sunglasses R1 680







Left: Laurence Airline at Merchants on Long shirt R3 390, trousers R2 395. Ray-Ban at Luxottica Sunglasses R2 710. Topman bracelets R249, R129, R189. Missibaba bag R1 990

Right: Scotch and Soda shirt R1 799. Ben Sherman trousers R1 699. Missibaba skinny belt R750. Topman bracelet R249, R129, R189



Photographer's Assistant Neil Danvers Intern Aaron Lynch Groomer Laura Kingma/One League Model Wilco at Faith Model Management Shot on location at The Lord Milner Hotel, Matjiesfontein - 023-561-3011, matjiesfontein.com

ROYALTY REWARDS

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Two-peace

It's time to relax both your wardrobe and your attitude. Soften up that stiff look with a more relaxed fit. Pick deeper shades like navy - it isn't as brash as the more trend-focused varieties and also makes the whole look seem more leisurely. That also means you can easily transplant your work ensemble from the office to the rooftop bar. Go a step further and swap your usual white shirt for one with a soft blue micro-stripe or print. This will pick up on the suit colour and make the whole look more sensual.

Dsquared2 suit. **Missoni** vest. **Bottega Veneta** shoes. Bracelet, worn throughout, model's own



Country Road T-shirt R349. Trenery trousers R1599. MJ Collection bracelet R950. G-Star Raw shoes R2 499

Your guide to diving into the coolest colour

Words by Jason Alexander Basson Photographs by Billy Kidd





Thin air

Factor textile and fabric weighting into your style considerations in the warmer months, particularly when it comes to suiting. If you're confined to a very formal environment, think about finding suits in light, natural materials (linen or bamboo) that have anti-bacterial and odour-combating qualities, but are also incredibly breathable. Mix it up with airy knits with lightweight texture.

Salvatore Ferragamo suit. John Varvatos cardigan



Orlebar Brown at Cloth & Label shirt R3 495. Hartford at Cloth & Label trousers R2 595. Swatch at The Swatch Group watch R1 590

Hello, sailor A really easy way to

achieve a crisp summer suited look is through the combination of blue and white - your basic seafaring colours - that instantly evokes a sense of the great blue yonder. In place of a shirt, opt for a more casual lightweight knit in pure white. This gives you a more laid-back look, but is also more modern and can work in semi-formal office environments, as well as in social ones. To jazz it up, take another cue from marine life and accessorise with a small silk scarf as a neck tie.

Ralph Lauren Black Label suit, sweater. Paul Stuart scarf

GET THE LOOK

Markham blazer R999. Relay Jeans at Markham T-shirt R180. Country Road pocket square R299

Be spotted

You're out for an informal business luncheon or team-building trip sometimes you can't only rely on your bubbly personality to work a room. To build a look that really pops, and commands attention for all the right reasons, start thinking about strong colours in the electric, cobalt or primary range. You can also bring in a little print to add some life, like a polka dot that is a bit more playful than the conventional prints that you're used to seeing in the office. A look like this can easily work in social environments. Simply unbutton the collar a few notches and you're ready to party.

Canali suit. Burberry Prorsum shirt. Hermès shoes



MADDEN
ABOUT TOWN
When adventure beckons it's best you get the leg up. You'll need the right shoe to help you rise to the occasion, and what better way to step out in style than with the all-encompassing Steve Madden SS'15 collection?

EFFORTLESS STYLE MEANS BEING EQUIPPED WITH THE RIGHT SHOE TO WALK YOU THROUGH ANY OCCASION. In today's world, our needs aren't as simple as a formal shoe for work or a sneaker

hybridity - gone are the days of

seamlessly from one adventure to the next and Steve Madden's SS '15 is a stride towards this future.

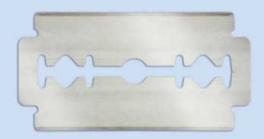
Decidedly urban, the collection walks the line between classic and modern, style and comfort, and is for the man who is more rebellious than most, but also far more refined and sensual when the occasion requires it.

With this collection you won't ever have to worry about being over or underdressed to walk boldly towards opportunity.









THE LEAST PAINFUL WAY TO REMOVE BODY HAIR.

Removing that unwanted body hair doesn't have to be a painful experience. Soft 'n Smooth is a hair removal product for men that's tough on hair, but gentle on skin, ensuring that you stay smoother for longer.



How to: Graduate from sun school > Could you survive a man peel? > How to smooth things over

ACE **SERVE**

Rafael Nadal joins the Tommy Hilfiger family, and talks about his new role with the brand and his love of Bold's masculine fragrance

GQ: How did your ambassadorship with Tommy Hilfiger Bold come about?

Rafael Nadal: I've known Tommy and his family for years. When he approached me for the collaboration, I was very excited to work with my friend and one of the world's most renowned fashion designers.

GQ: Was this a memorable experience?

RN: Working with Tommy was a fantastic experience he's always got a smile on his face and a positive attitude. He's so passionate about his job and his inspiration touches on so many aspects of pop culture, from fashion and art to music and sports.

GQ: What was the atmosphere like on the shoot?

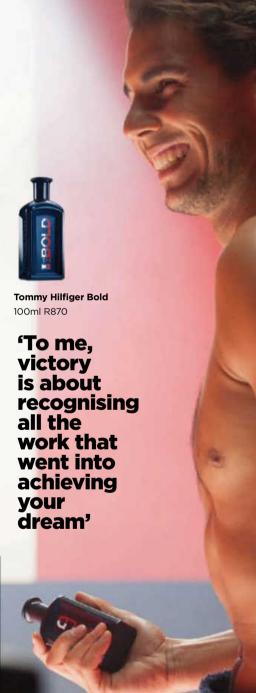
RN: We shot the campaign imagery in Mallorca, Spain, so I felt right at home.

GO: What do you like about the fragrance?

RN: It's very fresh and masculine. I also appreciate its versatility for any time of day - it's perfect to spray on in the morning, after sporting or before a black-tie dinner.

GQ: What makes a great victory?

RN: To me, victory is about recognising all the work that went into achieving your dream. Winning a trophy is always nice, but my personal satisfaction comes from reflecting on the passion, motivation and determination that went into getting me there.



Other summer fragrances to try



Ermenegildo Zegna Uomo 100ml R1 095



Aramis Black



Michael Kors For Men 75ml R975

GQ.co.za



Say it right

How to pronounce brands, both fancy and foreign

L'Occitane en Provence

[lok-si-tan]

Purveyors of all things nice smelling. Founded in 1976, Manosque, France. Try the Almond Shower Oil.

100ml R295



Dr Hauschka

[howsh-ka]

All amazing, natural skin care products. Founded in 1935, Ludwigsburg, Germany. Try the Cleansing Cream. 50ml R296



Givenchy

[jshi-vahn-shi]

Fancy name, fancy products, fancy price tag. Founded in 1952, Paris, France. Try Gentleman Only Casual Chic.

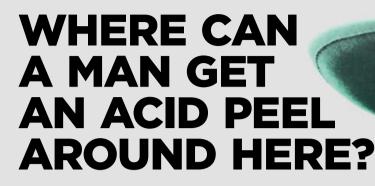
75ml R1 350



BODY CREAMS

We've all bared witness to that guy at gym taking so much pride in his post-shower moisturising, and while we might not like to watch him do it, we can't hate the man he's looking after himself. In the spirit of slathering on some body lotion and making endless sexual references in the process, here's our roundup for you to pick from.





Words by Sam Schube and Matthew Schnipper

It's 2015, and men have embraced moisturiser, indulged in beard oil and hijacked our girlfriends' eye serums. What we haven't wrapped our faces around yet is the peel, despite promises of looking younger and shinier in ten minutes or less.

t turns out that when a cosmetic laser is aimed at dirty pores, the ensuing micro-immolation makes a popping noise: not quite a gunshot, but definitely louder than a bowl of milky Rice Krispies. A woman named Candice is vaporising my

skin gunk with medicalgrade weaponry. And I'm keeping it together, until I catch a whiff of my own flesh sizzling. That's when I ask myself: could a slightly prettier me be worth this?

Lasers are the newest frontier in men's skin care.

Until now I thought I knew the rules: I wash my face every night. I (sometimes) wear sunscreen. I don't even blink at moisturising. But facials? Lasers? Grandma's chemical peel, the one that left her looking like a red-faced demon?

I'm not sure anymore. A new set of spa-esque treatments are tailor-made for guvs looking for a quick facial pick-me-up. That's how I found myself booked for a session of laser resurfacing, my eyes covered by a pair of American Psycho-style tanning goggles. 'This is a YAG laser,' Candice said, hefting the foot-long implement. (What's YAG stand for, anyway? 'I have no idea, actually,' she admitted.) These lasers clean your skin by vaporising whatever's stuck in your pores, and they're effective. I left twenty minutes later with a brighter complexion, as - no joke -Michael Jackson's 'Man in the Mirror' played me out. But I hadn't anticipated the

violence of it all: the loud sounds; the man-on-fire scent. Verdict: effective, but too face-melting for this guy.

I set out the next week for a peel. A peel is an acidic formula that eats away at your dead skin cells, ideally yielding a less zombified you. I leaned back, and an attendant slathered it on using gloves; two minutes of mild itchiness later, she washed it off. And you know what? I looked great. I was smoother-skinned and less harried-looking.

Both shops suggest that this should be a monthly ritual, maybe even weekly, but I'm looking at these facials the same way I do a splurge haircut: not strictly necessary, but worth the confidence boost before a big moment - a first date, maybe, or a job interview. Look, it still feels nuts to willingly coat my face with acid. But until recently, wearing skinny jeans sounded crazy, too. Soon it'll just be common sense.

FACE OFF

Sunscreen is to dermatologists what flossing is to dentists: the thing they won't shut up about because it's truly, annoyingly important.



Kiehl's

Ultimate Man Facial Fuel SPF15 125ml R515



Clarins

Milk-Lotion Spray UVA/UVB SPF 50+ 150ml R365

WHERE TO GO FOR YOUR MAN PEEL:

Cape Town Legs11, 65 Main Road, Green Point, 086-132-4752

Johannesburg Skin iD Clinic, Cnr Peter Place & Main Road, 083-250-5111

SUNNY SIDE UP

With our climate throwing out as much summer as it does, affordable protection product is a must



SUN SCHOOL

Dr Ian Webster, dermatologist and founder of Dermastore, helps us out with the season's most important sun tips



Nivea Sun Protect & Refresh Invisible Cooling Mist SPF50 200ml R160



Piz Buin Wet Skin Spray SPF30 R206

GQ: From what time do the sun's rays usually become less harmful?

IW: This will depend on many factors, but quite a handy little tip to see if you should be in the sun or not is this: if your shadow is shorter than you, stay out the sun. If your shadow is longer than you, you can go into the sun with sun protection. GQ: If I'm in the sun all day but not swimming, how often should I reapply an

SPF50 lotion?

IW: One may not be swimming, but excessive sweating can also result in loss of efficacy of the sunscreen. It's generally recommended that you reapply an SPF50 sunblock every two hours.

every two hours.
GQ: If I put on
more layers of
SPF all at once,
will the protection
last longer?

IW: No, putting on more layers doesn't mean it'll last longer. GQ: I'm on a road trip: can

l burn through the car window?

IW: Yes, you can burn through the glass of a car window. It's the longer UVA wavelengths of light that penetrate through plain glass. UVB is absorbed by the glass. In other words, you wouldn't get sunburnt through glass, but UVA ages the skin and can cause skin cancer. GQ: Quick tip to tell the difference between how **UVA and UVB** affect the skin?

IW: UVA ages and causes skin cancer. UVB burns and causes skin cancer. GQ: What do I look for on the packaging when I'm buying suncream to make sure it's got the right protection?

IW: I would tend to err on the side of higher SPF factor such as SPF50 and it should be a broad spectrum sunscreen; one that covers UVB as well as UVA.

GQ: Can you talk us through the differences between SPF strengths?

IW: The SPF (Sun Protection Factor) refers to UVB protection. UVB is the wavelength that causes sunburn. The SPF number is the multiple of what is called your MED minimal erythema dose. This is the length of time it takes for a person to go red in the sun. This will vary from person to



Australian Gold
High Protection SPF45

Sheer Coverage Face Lotion 88ml R180



Clinique

Sun Broad Spectrum SPF 50 Sunscreen Face Cream 50ml R325



Vichy
Ideal Soleil SPF50
200ml R295



Eucerin

150ml R190

person depending upon their skin type. In other words, if a person has a very fair skin their MED (or the length of time it takes for them to go red in the sun without a sunblock) would be 10 minutes. If they use an SPF50 sunblock, that person would be able to stay in the sun for 50 times 10 minutes - 500 minutes or just over 8 hours. This is assuming that the sunblock is applied evenly, in sufficient quantities over the whole area and not washed or towelled off. GO dermastore.co.za



LIGHTWEIGHT CHAMPS

How can you keep your calorie count low and averthe horror of the lime and soda? Raise a glass to these solutions

Words by Rob Crossan and Benjin Goodhart



5 STEPS TO MAKE YOUR WEEKLY RUN MORE INTERESTING

Park life

Bounce to the beat

Every breath you take

Rock a new route

apMyRur mapmyrun.com

No bites



1. Grape expectations

The best to look out for are Riesling and Blancs. A whole bottle of any of these will clock in at around 580 At the other end. swerve your corkscrew away from Zinfandel a bottle of 656 calories.



2. Blood thirsty

calorie-wise. A margarita has 550 calories – ten more than a Big Mac. A Bloody Mary on the other plus with the tomato juice and (presuming you you're getting two of your five-a-day.



3. Fizz-le kicks

champagne, despite the sugar, is still the low-cal king in a flute with 80 calories.



4. Roger that

Cooper in *Mad Men* and there's an instant positive with the calories. A martini contains just over 100 calories (and vou don't need to worry about the five-calorie olive). Now go flirt unacceptably new secretary.



and tidy

Whisky and vodka just on their own contain only around 90 calories per measure. Don't mess this up by adding Coke. Sip your single malt or vodka need to, add an ice cube.



6. Joys from the black stuff

The calorie count Guinness, unlike other heavy bitters and stouts, is reasonable.
At 210 calories than almost any regular lager or bitter. So go easy on the black stuff, but don't feel guilty about having a single pint.



7. Ale to the chief

The darker the ale, the more packing away. So it's time to avoid craft ales some of them have almost 200 calories in just a bottle. Rather reach for a bottle of Castle Light calories).



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SHOP FRONT > HYDRAULICS

SANDTON CITY, JO'BURG. 011-217-6000, HYDRAULICSSTORES.CO.ZA



The recently revamped concept store offers a broad selection of international denim brands and accessories, such as Replay and Next Generation. Hydraulics looks to educate its customers on global street fashion through a personalised and dynamic shopping experience focussed on building lasting customer relationships. 🔯

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How culturally literate are you?

Find out if you really know your right hand fern from your beta app

- Mhere you put the really naughty stuff in your Facebook profile
- B Tricking yeast into belching out stuff like morphine
- C A mobile game where you control ribosomes and Golgi apparatuses
- The name of Kanye and Kim's forthcoming second child

CHRISTOPHER **SOGHOIAN?**

- A The ACLU's tech guru
- The left-hand fern on Zach Galifianakis's Between Two Ferns
- The target of an FBI investigation
- The birth name of Ronan the Accuser from Guardians of the Galaxy

- A Syfy's new spinoff network that features nothing but clip art
- B 'Click financing', in which new-media employees get loans based on site traffic
- C A nickname for Clint Fisticuffs, Andreessen Horowitz's new bulldog mascot
- D Climate-disaster fiction, a new genre that's showing us our terrible future

- A new strain of powerful weed that's testing the limits of legalisation laws
- B One of a team of alien cat-people from the planet Thunderchunk
- The genius who helped make Kendrick Lamar's album a masterpiece
- The right-hand fern on Zach Galifianakis' Between Two Ferns

5. WHAT IS AN OCULUS RIFT?

- A The ultimate stripper move in next year's Magic Mike 3: Sniffin' the Rift
- B Rapper Riff Raff's new lazy-eyed sidekick
- A gap between dark matter particles with the potential to swallow the universe
- The VR headset that is creating an entirely new lexicon of storytelling

6. HOW WILL YOU DRIVE YOUR **NEXT BMW?**

- A Feed \$20 bills directly into the steering column and bark at it like a valet
- Send brain waves via bespoke herringbone electrodes
- C Wave wildly like a drunk air-traffic controller
- D Just tell the driver where you want to go

7. WHAT IS A BLOCKCHAIN?

- A That hot new boy band with the hit song 'Anonymously Yours'
- B A superstrong alloy that enables fast construction of skyscrapers
- C A crypto-authentication system that may be key to preventing digital fraud
- A secret cell of assassins on next season's Game of Thrones

8. WHAT USES 13 TERA-ELECTRON **OLTS?**

- A The Apple Watch
- B The Ecto-1 from Paul Feig's Ghostbusters reboot
- C The revamped Large Hadron Collider
- Elon Musk's soon-to-beunveiled Tesla Zamboni



ANSWERS

1: B; 2: A and C (Zach's left-hand fern is named Marvin.); 3: D; 4: C (Half credit for B - they were actually from Thundera.); 5: D (But C would be awesome.) 6: C (A is only metaphorically true.); 7: C; 8: C (And B, provided our spec script gets picked up.) GQ



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